

Wed, 29 Aug 2012

7:48 AM

Teach you how to choose maternity dress

Pregnant, you changes in physiological function and shape will be obvious, abdominal uplift day by day, your breasts full day by day, BRA also slowly increases. This series of physiological changes, make mother to have new demands for clothes, BRA, shoes, socks

Clothing loose and comfortable

Style options: the principle of easing

Mother's clothing style should select a simple, easy to wear and easy take off, precaution to keep warm and clean. From an artistic point of view, the mother-to-be clothing designs, should reflect the chest line, plump abdomen will not show, on the outline of the clothing is best too big small "a" glyph, select down on separate suits would be better.

Principles of fabric: soft and breathable

Mother's clothes and trousers, especially underwear, choose pure cotton production. Avoid wearing synthetic or polyester and cotton blended fabric sewn underwear, underwear. Summer clothes in good light, thin, soft, breathable rayon, silk, linen and cotton fabrics as well, do not waist dress below or above the Pack, loose clothes.

Best style: suspenders

Strap mounted particularly suitable for expecting mothers.

Visual modification on an increasingly bloated body, axilla, abdomen and hip design is particularly lenient. Strap length adjusts itself, after wearing stretch easily. No matter how much wear, neither explicit mast are not bound, suitable for spring and autumn season to wear, even in winter, also only increase clothes outside can.

Security selection:

anti

radiation clothes The mother-to-be is electromagnetic radiation sensitive population groups, electromagnetic radiation during pregnancy can cause fetal immune dysfunction, physique weak after the baby is born, even deformities. In particular the thermal effects of electromagnetic waves on human body, that is easy to make mothers miscarriages.

Radiation-proof maternity dresses, will weaken the hazards of electromagnetic wave on human to varying degrees, but the most effective measure is the mother-to-be as little exposure to

radiation appliances.

Effective ways to prevent electrical radiation office equipment and household appliances display reasonable, placed not too concentrated, particularly easy to produce home appliances of electromagnetic waves, such as televisions, computers, refrigerators, so as not to mothers exposed to the overdose of radiation danger.

Bedroom appliances should not be too much, should not be centrally placed, there are TV set would suffice. All kinds of household appliances, Office equipment, mobile phones, and so avoid prolonged use, avoid multiple appliances simultaneously enabled.

Electromagnetic radiation of mobile phones connected to instant release most, when used, try to keep the head to keep a distance with your phone, it is best to use separate headphone and microphone picked up the phone.

Used appliances to maintain a safe distance, stay away from electrical, electromagnetic waves against the smaller, as is 4~5 meters distance from the TV, and fluorescent the distance 2~3 meters, the oven after the opening leaving at least 1 metre away from. Before pregnancy and early pregnancy of the mother, should be as far as possible from mobile phones and computers. If you want to learn more information about fashion pregnancy dress, stay tuned for upcoming articles in this series.

Security: Public

Location: Not Specified

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Thu, 30 Aug 2012

5:54 AM

Seven suggestions for mothers-to-be to choose maternity dress

As fetal development, many mothers-to-be reduce preferences of shopping to buy clothes-loving, purchase clothing positions transferred to the network. Here for you mothers-to-be shares their experiences of other mothers-to-be to buy clothes.

1. preferred pure cotton, silk natural pregnancy texture clothes

The skin becomes sensitive during pregnancy, if the regular contact with fabrics of man-made fibres, prone to allergies.

Friction with the dry skin often chemical fiber fabrics, can result in a large number of static charge. Static charge can create restlessness, insomnia and more dreams and other symptoms. For pregnant women with heart disease, is also likely to cause other problems and endanger the pregnant woman and the fetus. So, mothers-to-be should not stick wearing synthetic underwear. We recommend that mothers-to-be should choose breathable, warm, sweat-absorbent cotton or silk soft clothes, which are comfortable for babies and their care.

2. selection of established brands, health indicators have guaranteed

During pregnancy, mothers-to-be are most worried about is the quality of the product, safety, health. Some clutter to stream some of the currently available does not ensure the health index, can not show clothing taste of maternity clothes. Therefore, in order

to think about health and safety, be sure to select qualified brands.

3. Select special design, clever mix of thin strong

Selection of Pocket large flower designs have hidden the stomach an outstanding effect, the side length of Pull Pack can be adjusted easily, shoulder sleeve design can achieve the effect of leptin in Lotus leaf. If you like wearing a skirt, you can buy a few more high quality mini skirt with elastic. Following coupled with black stockings or boots, stylish and elegant at the same time, can be worn for several seasons. What is more, after giving birth, these skirts dresses can still wear out Korea pop princess skirt.

Different length

maternity

pants are indispensable. Seven five-pants pants spring and autumn wear, summer wear, warm pants winter wear. When you select a pants, pants to fit elastic for a good, thigh and waist should be relaxed with raised waistlines as associate. Wear these pants, set above a generous coat, jacket under cover, your figure will look very moderate.

4. the forward-looking vision and economical

When selected maternity clothes, you can select a few loose dress or linen gown. Because these clothes for build requirements are not very high, after giving birth, these clothes with a little modification, can be used as home service or leisure groups, use it again.

5. comfortable, spacious, simple; easily washes off as the principle to choose

maternity

dress Pregnancy clothing should adapt to specific needs in this period, as the month of pregnancy increases, pregnant woman body shape changes, actions become awkward, so clothing to the principle will be comfortable, spacious, clean. Select the tonal patterns of bright, soft sweet, simple and easy style of wearing off. Small dress under loading is maternity clothes on in this classic, much like the Korean version of princess dress, not only the sweet, elegant, and easy to loose skirts look cool. Separation of upper and lower body assembled easy to wear off, you can reduce the inconvenience of bulky body of pregnant women.

6. as the time to pregnancy increases, advance preparation fit pregnancy clothes

Accompanied by month increments, followed the same not just abdominal circumference, chest, hips, legs will change. Buy clothes, and could not buy at the time of being fit, but better to loose. Too tight of clothing due to oppression in lower abdomen, reducing blood flow to the placenta, causing damage to fetal growth. So I tend to prepare well in advance of different models of clothes, prevent the size changes too fast and don't have the right clothes, affect fetal development.

7. online shopping savings and convenient

In General, the shop offers 20 percent-30 percent cheaper than shopping malls, some brands may discount more. Many brands now also has its own shop, many official and shopping online will also introduce a different discount maternity clothes. But enough will have a certain amount, and free shipping. This action inconvenient pregnancy and Mommy, isn't a savings of time and money, stay at home, is able to buy good way to assure our customers comfortable clothing.

Security: Public

Location: Not Specified

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Music:

Sat, 1 Sep 2012

5:14 AM

Seven standards to choose anti radiation clothes

Most of mother-to-be buys radiation suits after conception, but the science way is before pregnancy, you will wear radiation suits.

In order to strengthen radiation protection awareness, mother-to-be would choose radiation protective clothing to protect yourself and your baby's health. Radiation in pregnant women with higher visibility brand on the market today mainly includes Monica Kee, October Mommy, which brand is good for real radiation protection? How to choose radiation maternity clothes for mother-to-be, you need to identify from the following aspects.

1. A degree of protection determines the radiation suit

Ordinary protective effect of radiation protective clothing in General about 25% of metal fibers, high level radiation protective clothing of metal fibers generally above 30%. Italy Monica Kee radiation protective clothing have reached 100% Silver fiber, full super strong protection, recently the anti radiation vests are best sellers.

2. look at fabric

Monica Kee launches 100% Silver fibre loops 360 degrees dual radiation, not only has high intensity radiation performance and antistatic properties, has a strong odor, strong antibacterial, thermal insulation, as well as to promote blood circulation, eliminate or mitigate fatigue and other health functions.

3. radiation protective clothing styles and colors vWith the continuous improvement of production process, after the effects of radiation are met, mother who are known for their pursuit of beauty have begin to pursuing diversification of styles, underwear, captivated by everything, suspenders, vest and suit combination, and so on. Monica Kee radiation protective clothing that have variety of prospective and fashionable clothes are much sought by young mother. If you want to learn more information about fashion pregnancy dress, you can check the website.

4. see size

Coming to terms with big and small size is not good thing, the good is the best fit. Various radiation protective clothing brand has investigated experiment, launched as many diverse body's radiation suit. Monica Kee garment more loving making special structure design, adjust with the abdominal circumference sizes, growing before the meet from early pregnancy to perinatal changes in waist circumference.

5. see price

Very few people in the market under the Add fragrant fabric flags to expand themselves, tensa fakes have a lot. Relatively speaking, Monica kee and beijiayi control comparatively market successfully, currently fewer fakes, done relatively well in quality control. Give you a trick, if you want to take advantage, just go to their official website to order, this can save a lot of money.

6. watch service

Because now that treatment of radiation protective clothing is too complex, so be sure to watch how seller services, if you go to their website, you can chat with them online, look at the attitude, you know say which brand trust, which also need to be considered. Big brands are very friendly, patient answers to customer questions.

7. see test results

1, take a small sample of product distribution, lit with fire, checks did not burn-off parts, ramification is a newer technology

of radiation resistant fibers, shielding radiation is radiation resistant fibers to protect. Radiation resistant fiber is as much as possible, as neatly as possible is good. 2, measuring the flux table clothes conductive permeability by multimeter, the lower resistance, the better conductive magnetic performance, radiation protection performance is higher. 3, in the vicinity of TVs and monitors, radios, use cell phones will interfere with signal, the screen flashes vibration or noise, radiation-proof package phone to interfere with the fast disappearing.

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Mood: Not Specified

Music:

Mon, 3 Sep 2012

5:19 AM

The Secret of choosing maternity clothes

Pregnancy is an unforgettable and full of happiness for a woman in her life time. Today, the quality of life has improved, pregnant moms wear the clothes and also want to become more attractive, more "pregnant". So creating a variety of maternity clothes for pregnant mother came into being. So, during pregnancy how to select both elegant and comfortable health clothes for pregnant moms?

1. What is a maternity cloth?

Maternity clothes simply refer to a female dress while during pregnant. General began four months of pregnancy, due to increasing uplift of microgastrinae, mother had to buy maternity clothes, wearing maternity clothes will feel comfortable, which benefit to herself and the child's health. Maternity clothes common style suits, shirts, coats, pants cotton clothing, maternity skirts, pregnant pants, maternity sleepwears and so on.

2. the main types of maternity clothes

Depending on usage, maternity dresses can be broadly divided into the following categories:

Casual clothing including the leisure suits, leisure suits, and so on, is characterized by a comfortable and casual, can satisfy the leisure needs of people out, can also work when working dress to wear, for example, casual maternity dress.

Pregnant women lingerie includes bras, underwear, etc. Underwear for pregnant women in general is able to meet the ever-changing physical needs, playing the supporting role of abdominal weight and protection of the human fetus.

Sportswear for pregnant women during exercise or workout needs. Pregnant women sportswear fabric will use with soft, comfortable and relaxed, such as pregnant women Yoga clothing, swimwear, pregnant women.

Home uniforms pajamas, robes and other loose maternity clothes at home, and require relatively high on style, primarily meet the needs of leisure and home, relaxed casual style is preferred.

Pregnant woman dresses is primarily used for more formal occasions, cultivation of the wearer's etiquette and respect for the other, more formal and solemn.

3. all kinds of maternity clothes how to select?

Choosing maternity clothe is always the principle of relaxed comfort, elegant, all kinds of maternity clothes buy recommendations are as follows:

4.Shirts should be loose, do not to choose small

When you buy a coat in the early stages of pregnancy, it is best to select cover style under the hips or slightly, the width should be about 10 cm wide, for later went on to wear. In late pregnancy, mother will use chest to breathing that is more than the shirts too tight, which will affect the chest breathing activity, but also easily lead to nipple, impact on future breast feeding. In addition, coat buttons and other hard chest even ornaments.

5.Pants should be selected the pants with tie

Mother easily select pants with belts, belts best moderate can freely adjust elastic, not bundle too tight, otherwise it will tie waist and abdomen and legs, affecting the lower extremities and placental blood circulation, to the detriment of fetal growth.

Pregnancy medium-term buying pants, choose a little longer, in order to avoid late pregnant belly will make your pants shorter.

Late in the pregnancy, the choice of overalls can reduce extrusion of clothes on the abdomen.

6.Dress choose type H or A type

For dresses, mother may wish to choose from top to bottom as wide as the width of the H-shaped or narrow down A-type. H-with the overall sense of body bump less obvious, end of a-type swing wide and have a sense of physical change is also not obvious, pregnant women more comfortable to wear, can also hide highlighting in the stomach can also benefit from fetal development.

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Tue, 4 Sep 2012

5:14 AM

What is the key to choose the suitable maternity clothes

During pregnancy, how to choose a suitable maternity clothes that not only for them but also for the baby, which is very important thing. This article will guide the mother-to-be should aware of six matters when buying maternity clothes.

Colorful clothes can regulate a pregnant woman's emotions, good spirit, conducive to the physical and mental health of the mother and fetus, so choose suitable maternity clothes are not only for themselves but also for the baby during pregnancy, are prospective mothers are very concerned about the issue. When you buy maternity clothes, what issues should pay attention to for mother-to-be?

Maternity clothes fabrics

Choose natural fabric is the same principle to purchase maternity clothes. Because the skin of the pregnant woman is very sensitive during pregnancy. If frequent contact with fabrics of man-made fibres, prone to allergies, a problem will come with the skin of pregnant women, it will affect the baby in the belly.

From the view of season, summer maternity dresses are mostly cotton, hemp fabric; in spring and autumn are plain woven pile fabrics, woolen, blended fabrics and knitted fabrics-; winter is a variety of fabric or a garment with fluffy stuffing. Despite the current fashion synthetic fabric in pregnant women are not small either, but good for pregnant women fashion brand will definitely guarantee contact close parts of the skin of pregnant women must be of all cotton texture.

Maternity clothes style

Today most of the mothers are office workers, so demand for maternity clothes is also relatively high. And now, with the maternity clothes are designed to meet their needs, in addition to waist mast, maternity clothes by color, design is not inferior in any way in fashion. Maternity clothes also have more refined classification, the distinction between leisure and career maternity clothes. These beautiful and a variety of maternity clothes make prospective mothers before pregnancy-like neat and beautiful. Casual maternity clothes are relatively common, now work

is faster tempo, and life stress, casual clothing gradually became the first choice for people to choose clothing. Of course, it does not require uniform uniforms for women at work for pregnant woman, casual maternity clothes become their favorite, color changing, diverse style is characteristic of casual maternity clothes, mostly for loose dresses, overalls, and so on.

Career with the occupational stress in pregnant women simple fitness for some requirements at work wearing a formal suit prospective mothers favorite. The formal

maternity dress is most of the whole body with color, demure as a whole, matched with the occupational environment. Basic styles are easy to match single coat, shirt or trousers, as well as indispensable vest dresses, short dresses or long changing a set of applicable dress, work and leisure, and so on.

All pregnancy clothing choices

3-5 months fit fashion clothes, after 5 months pregnant, clear uplift in abdomen, chest, waist circumference and hip circumference increase well shaped body, then started to wear maternity clothes that is most appropriate. So early in pregnancy, pregnant women just wear lightweight and breathable clothing will do. Prematurely put on maternity clothes will only make people seem wider more bloated.

After adjustment of normal-5 months pregnant women, selected maternity clothes is necessary. And most of the mothers do not want to buy maternity clothes can only wear one month no longer wear on upper body, so try to choose appropriate size, a broader vision, for the rapid expansion of the future body enough space.

Professional brand maternity clothes, its size standard is made from numerous research and first-hand data, you just according to your height and measurements statistics, it's easy to find your size.

Antepartum is maternity clothes, postpartum can resume its normal fit fashion as the name suggests, maternity clothes was in the female's clothes for pregnancy. The truth is, you bought pregnant women fashion wear to the baby after birth, until you completely restore the original shape. Therefore, when buying maternity clothes, but also pay an attention to small details after birth, such as retractable belts, detachable parts, and so on, for those who want to prolong the life of smart maternity clothes for mother, this is a very important point.

How to choose the right maternity clothes

Selection of maternity clothes should be without prejudice to

the growth and development of fetus-premise, with the spacious comfort good, breathable, absorbent and strong, the principle of precaution to keep warm and wear off easily, combined with personal preferences select the colors and styles of clothing, you can choose the stylish maternity clothes.

When to buy

Most pregnant women during pregnancy at 4 months, raised waist belts were not used, so they started to buy maternity clothes, but not bought everything at once. Buying maternity clothes can take into account the development, pregnant requires a different type of clothing, while also taking into account the seasonal needs.

Comfort

Whether you like what kind of maternity clothes, don't just look at the look is not beautiful, you should look at wearing comfortable or uncomfortable. If wearing a corset abdominal maternity clothes during pregnancy definitely uncomfortable. In addition, due to the easy fever sweats during pregnancy, so it's best to buy quality natural fiber clothing (such as cotton, wool, linen, etc) in order to facilitate ventilation heat reduction.

Colorful clothes can regulate a pregnant woman's emotions, good spirit, conducive to the physical and mental health of the mother and fetus, maternity clothes to make more pleasant of soft colors, m white, light grey, pink, Apple green and so on. Style should choose to wear them can perfectly reflect the chest line.

Maternity clothes-derived products today for most of the Office for women, radiation problems brought about by various electrical appliances, once the focus of everyone. It is learnt that the pregnant women if you work long hours in front of a computer, will affect the fetus health. So choosing

anti

radiation clothes became prospective which certainly take account of problems for mothers.

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Music:

Wed, 5 Sep 2012

6:23 AM

You can also work during maternity

Career and kids always are difficult choices for married women.

There are many professional women had been a reasonable arrangement family and career, during pregnancy, make work/life balance as much

as you can. For example, most women choose work until one week before the production, during maternity, leave keep close attention to social life and development of the industry, fully prepared to return to positions; there are also women maternity leave themselves into charge time, and then when you return to work, making leaders and colleagues feel brand new. Minimize faults arising due to pregnancy and maternity, to be a working mom is not difficult.

If you feel that do the job during pregnancy is not very clear, you can communicate with the doctor. No matter what we do, whether full-time or part-time, trying to adapt to when during pregnancy is not a problem. For demanding jobs, you can lay down some rules with your colleagues, tell them you can what work is done during pregnancy.

If you are concerned about safety of working environment for pregnant, you may wish to consult the doctor. Perhaps to determine a specific risk of work is more difficult, just for you and your baby as much as possible to reduce risk, and allow yourself to continue to work on it. Under normal conditions, healthy women adhere to the general work is entirely feasible during pregnancy.

Maternity clothes

If you are still working at office, you do not need to wear work clothes, you can wear baggy clothes, the clothing style will change, however you can also become more fashionable. First how to choose a

fashion pregnancy

dress that is very important. Second, if you need to face to the computer all the day, anti radiation clothes are necessary, such as anti radiation pants, anti

radiation skirts, anti radiation vests, anti radiation stomachers and so on.

Pregnancy precautions

If you continue to insist on working during pregnancy, several considerations should be in mind. You might want to slow down, ease the burden. You can work in home and do some simple thing-you may not be able to accomplish some things like a before pregnancy. When you need help and ask for help ASAP. We agreed that she was working that should establish some principles and in the bottom line, I designed a plan for her in the remaining 3 months of pregnancy, 8 hours of work reduced to 4 hours a day.

Adjustments and changes

Changing the center of gravity of the body after pregnancy, so when active body needs to make appropriate adjustments. For example, when weightlifting they learn how to use the leg strength, when you squat and not stoop to lift heavy things. As the abdomen increases day by day, don't lift more than 9 kg weight.

Especially during late pregnancy should avoid doing those climbs down and in need of long-term standing or sitting work. You can communicate and supervisors to reduce this type of work, if you need to stand all day, may wish to periodically sit down to rest for a while.

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Thu, 6 Sep 2012

6:06 AM

Four Tips for pregnant women spend a happy and healthy summer

During pregnancy, pregnant women due to the strong metabolism, Thermogenesis is more than ordinary people, so pregnant women than most people are more afraid of the heat in the summer. The proverb says: "the pregnant dog, hides in the belly stove. "Once caught the dog days, hot weather is easy to make development of dehydration or heat stroke affect the fetus in pregnant women. So, summer how pregnant women to do safely?

First, clear summer dress

Pregnancy mother in pregnancy blood loop accelerated, metabolism is more strong, and very easy sweating, legs swollen of phenomenon more often to occur, to spent a cool of summer, pregnancy mother in select of clothes should to choose more sucking Khan and leniency comfortable also breathable of pure cotton products suitable, avoid had tight of clothes on breast growth development and abdominal of oppression, effects postpartum breastfeeding and fetal baby of growth development, mother should avoid the chemical fiber class of clothing, Because this type of clothing is usually using chemical processes, coupled with summer sweating more, for more sensitive skin after pregnancy, are more likely to trigger allergies, skin irritation, rashes, skin infections, and so on. The fashion

casual maternity dress is a good choice.

Second, good eats and cool comfortable

Hot of weather let pregnancy mother easy to appear appetite sluggish, even vomiting of phenomenon, then may wish to in diet in the added into some acid seasoning, such as lemon, and smoked plum, and vinegar, and yogurt, and excellent casein milk, conducive to mitigation pregnancy spit does not apply, while also can eat some watermelon, and tomatoes, water more of vegetable fruits, to supplementary body loss of water and minerals,, also, Lotus, and Lotus, and bird's nest, and honey, and green tea, and Tremella fuciformis, which are very for edible of food for pregnancy mother in summer.

Third, accommodation is comfortable and cool

In summer, heat consumption is large, physical overdraft serious, human is easy feeling to tired, therefore, pregnancy mother should more guarantee adequate of sleep and sleep quality, night at 10 o'clock around on can bed, morning 6, and at 7 o'clock got up, early sleep early, let body fully comfortable of rest, while guarantee has good of sleep environment, avoid noise or suddenly of sound on pregnancy mother of disturb, such to guarantee has good of sleep quality. And lifestyle changes like exercise, drinking more water, getting adequate sleep and not missing meals are essential. If you often do more exercise, you should wear fashion maternity activewear, which is good for your baby.

Four, traveling in hot summer

Summer is hot, staying at home all day is not an approach, not to mention the mother went out to walk, which would also facilitate and birth your baby's health. So it is good for mother to go out.

In addition, the mother must pay attention to food hygiene, not binge eating, or eat a roadside snack. Before going out to do some sunscreen, avoid heat stroke from happening, at the same time it is best to carry a thin coat to avoid temperature instability and out of the air-con rooms caused by colds. When traveling don't go too fast too abruptly, prevented from accidentally falling to avoid too tired, try to avoid crowded messy situations, all put the fetal baby's health.

Security: Public

Location: Not Specified

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Music:

Fri, 7 Sep 2012

6:13 AM

Teach you how to spend October conceived

The type of maternity clothes have a variety of different options with and fashion clothes. As long as mothers grasp the matching principle, occasion demands, and individual characteristics, I believe you like neat and beautiful with before pregnancy.

Recommends that you first prepare some indispensable basic paragraph, for example: easy to match single coat, shirt, black and white trousers, as well as the indispensable sleeveless dress, short dress, or changing a long dress. Mix again to buy the right kind of clothing, a small amount of clothes, you can also mix and match.

1. work clothes: you can choose a more formal dress or suit, to match coat or trousers and show your pretty.
2. home/casual clothing: choose leisure suits in velvet or cotton knitting class, or also choose not popular series of denim clothing, or sports wear maternity clothes to be change.
3. dinner suit: most people participate in the party that opportunities should not be too much, you can consider only buying a better texture, trimmed neat clothes, and then mix a graceful necklace or shawl, believe we can create a party effect.

4. Pajamas: Pajamas is specially designed for pregnant women in market, and also on sale, it has a relaxed waist design, can let the mother-to-be to sleep more comfortable. In addition to purchased maternity sleepwear, anecdotal also has pregnant women loaded rental company, can provides to you conceived October! the established of purposes rental shop, main is because some associate mother will think pregnancy only ten months of time, after her birth, maternity dress lost role, but, if only buy a two or three necessities , that wearing does not changes, therefore there are rental shops can solve the troubles for Mommy!

Fashion variety: rental shops will depend on the size, there are more than 500 sets of various types of maternity clothes at least to provide rental and, therefore, after joined the membership, expecting mothers can easily replace maternity clothes, and you don't have to worry after not wearing, whether waste or do not know how to deal with. What is more, rental shops also offer anti radiation clothes to mothers, such as fashion

anti radiation stomachers, fashion anti radiation pants, fashion anti radiation vests,

fashion

anti radiation skirts and so on.

Size range: from early pregnancy the baby-doll dress, to the medium-term, the latter part of maternity clothes, have different size clothes to choose from. Clean, no problem: renting maternity dresses, mothers will care about clean problems for clothes, according to the clothing company said all clothes were handed over to a reputable cleaning company, cleaning quality have a certain level, and guests before the loan can be hand-picked clothing, so clean, MOM can rest assured.

Systems: most leasing companies are using members system, after paying contributions, you can rent clothes, and in accordance with the participation type, can bring rent 1~5 range in one garment, simply add clothes after cleaning. Other suggestions while renting maternity clothes is quite convenient, however, because pregnant women are usually too lazy to go out, it is recommended that the best rental shops in the vicinity of the company or on your way home, otherwise, borrowed a few times if don't want to borrow, have lost advantages of leasing. Moreover, in addition to renting clothing, you had better prepare one or two pieces of their own clothes, so as not to forget to rent clothes, without clothes dilemma.

Security: Public

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Music:

Sat, 8 Sep 2012

5:43 AM

What is main concern for pregnant women

A structure design of pregnant women must change for women after pregnancy, pregnant mother is wearing fit comfort, sport, does not affect the baby's health and development. It used in its styling from top to bottom as wide as the width of the h-shaped or narrow down a-type. H-with the overall sense of body bump less obvious; A-type pendulum clemency at the end of a sense of physical change is also not obvious, adopting styles, masked mother uplift in the stomach.

More and more maternity dresses appeared on the market today, and all kinds of style features, mother likes what maternity clothes can be determined according to personal preference. Autumn and winter colours is dominated by dark, dark shape can also be

given cover to gain weight during pregnancy; wait until the weather becoming hotter and hotter, you can choose a number of pregnant women of color, light, simple and generous skirt, so that can also make the body look lighter. Maternity clothes style is sometimes very similar, so we got to watch some of the details match, such as hood V-neck Cardigan can be equipped with a bright silk scarf, one pair of casual boots when you dress like a lot of flavor. Easy to choose comfortable and soft color maternity clothes can regulate mood in pregnant women, is beneficial to the healthy growth of the fetus. Because the product segments of the market trends, according to maternity clothes style and use of different split into casual wear, business wear, clothing a few broad categories.

1, casual pregnant women clothes

Casual and

fashion pregnancy

dress for pregnant mothers should wear when they stay at home, walking and shopping, so the design is comfortable, loose-oriented, the shape is basic for a type. Their fabrics have natural fabrics such as cotton, hemp, good breathability. Color typically has pale blue, pink, light green, simple and elegant tones and other patterns, and so on. When career MOM came home from work, you can replace the installed as the preferred casual wear.

the pregnant women skirt

Even pregnant women skirt is a type of casual wear, which is usually said of the dress and is the most favored for pregnant mother and most personifies female beauty casual clothes. During pregnancy, pregnant mother will come out vaginal symptoms such as congestion, secretions. And if you are in the summer, the weather is hot flashes, bacteria grow faster, pruritus, high incidence of skin diseases such as eczema, Folliculitis, wearing dress is conducive to the prevention of skin diseases. At the same time, loose dress no restraint of activity for a fetal, allow them to grow up healthily.

There is a wide range of even the pregnant women skirt in market, designers spend a lot of thought on material selection and style, even includes the tying method of crony, also have different methods. These beautiful dresses fit pregnancy MOM's shape to design, after wearing, will underline the feminine beauty of mother.

Pregnant woman trousers

In the autumn, the weather turns cool. Selecting trousers for pregnant women is very appropriate. In winter, the warm trousers bring you more comfort.

Talk about pants, you will think of overalls, this is a very pregnant mother welcomed the pants. It dispensed through the shoulder strap hanging belt of inconvenience caused to the pregnant woman and the impact that their safety is very high. But the fetus is growing up day by day, mother's body is also more and more bloated and actions also do not feel easy, in overall, wearing off is the issues for primary consideration at this time. Waist and abdomen before you can choose fabric soft and elastic, and trousers with can adjust the waist belt. This bound pants does not feel, while protecting the health and development of fetus. Besides anti radiation pants are very popular in pregnant woman trousers

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Mon, 10 Sep 2012

5:25 AM

How to spend the pregnancy in safety

In the past, when it comes to pregnant women, think of a bloated body, sloth and loose yellow army pants, a big night skirt can spend a hot summer. Maternity dress, only appears in recent years: there is a wide range of clothing for pregnant women that makes modern mothers are still beautiful and confident. There is also a wide range of clothing for pregnant women, which makes them straight body panels, free access to a variety of occasions, still plays its own role in society.

Maternity dress must make design changes in structural after pregnancy to enable pregnant women wore fit comfort, sport, does not affect the baby's health and development. It used in its styling from top to bottom as wide as the width of the h-shaped or narrow down A or H-with the overall sense of body bump less obvious.

A-type pendulum clemency at the end of a sense of physical change is not obvious, the use of such models, you can make the abdomen of pregnant women is not visible. Bra increases, carried on the waist, the former may be slightly larger than the tablets.

Skirt front swing-up at the end of cutting is larger, longer than the back part. -Pants with elastic band, easily resized, frontal waist tape section warping.

Due to the physiological and psychological changes, pregnant

women face sallow, emotional instability, pregnant suit in color you can choose healthy, clear, soft pink, with background colour. More and more mothers like to wear fashion pregnancy dress.

With several different types of pregnant women clothing design as an example: Casual wear: casual clothes for pregnant women should stay at home, shopping, and walking wearing. Designed mainly is for comfort, the shape is basic for a type, loose. Fabrics use natural fabrics such as cotton, hemp, good breathability. Color can choose simple and elegant tones such as light blue, pink, light green, and so on.

Business Wear: Business wear design focuses on the cover up of the highlights in the stomach. Models can choose small h-or small a-type, slightly stiffening linen fabrics available, thin class. Blue is the most ideal tone, blue has a shrinking sense, and good background colour.

Formal dress: the main of formal dress are small type a and h-type. Design emphasis should be away from the abdomen of the shoulders, and neck. With techniques such as lace, embroidery, beaded decoration, this elevation of sight, ignore prominent belly. Color should not be too bright, avoid using the Flash fabric and high elastic fabric. On the accessories, you can choose fancy, shiny hair, earrings, necklaces, and so on.

Radiation-proof maternity dresses

In the pursuit of environmental, health and fashion today, day and night with people's fear of electromagnetic radiation of mobile phones and computers is growing, let alone was pregnant and gave birth to a baby. How big is the electromagnetic radiation on the human body against it? Do they indeed be radiation protective clothing block? Electronic detection expert said that some electromagnetic wave emitted by the electromagnetic source is diffused around, radiation protection for pregnant women in design equipped with radiation on raw materials, electromagnetic interference around it for pregnant women, play a protective role. Radiation-proof maternity dresses also have a lot of kinds, such as anti radiation vests, anti radiation pants, anti radiation skirts and so on.

Security: Public
Location: Not Specified
Mood: Not Specified
Music:

Wed, 19 Sep 2012

6:30 AM

How does pregnant mother spend the autumn time

The weather has turned cool in these days, cool wind tells us that autumn is coming. This autumn, the dry in the autumn, what should the mother pay attention in the period time? What are the special considerations for pregnant mother in autumn? We will talk about from below on the clothing, food, shelter, all-round to pregnant mothers about pregnancy considerations in the autumn.

Weather is getting cooler, mother is starting to pay attention to your dress, in the fall what are clothes that mother wore?

Pregnancy clothes no matter what the season, what kind of weather should be based on the principle of simple, generous, beautiful. Of course also should pay attention to clothes of fabrics, sizes, styles, and so on.

1, fabric choices

Because the skin is very sensitive during pregnancy, if the regular contact with fabrics of man-made fibres, pregnant mother will prone to allergies. Pay an attention when purchasing fashion pregnancy

dress that is a natural fabric texture, easy to cause skin irritation, inflammation, and even affect the normal development of the fetus. Mild weather and cool in autumn, mother loaded fabric plain weave woven pile fabrics, woolen, blended fabrics and knitted fabrics.

2, pregnancy clothing sizes

During pregnancy, the body becomes bloated up, if you select Petite clothes, breasts are tied, affect the development of mammary glands. In this way, is likely to result in less postpartum milk or no milk, breastfeeding also cause trouble. So, no matter which season, no matter what style of clothing, mother when selecting clothes should be loose-principles, especially the chest, abdominal, cuffs are loose, this will make you feel comfortable. Freshman general size is bigger than when not pregnant until the 2nd.

As the mother figure in the 10 months of pregnancy varies widely, in order to avoid maternity clothes to wear only 1 time and

wastage, so it is best to choose adjustable underwear so that you do not have to prepare a lot of maternity clothes, save money.

3, Small details about the selection of autumn clothing

When selecting clothing, be aware of 4 small details:

- (1) The coat should be out front.
 - (2) The separation of upper and lower body clothes is very easy to take off, put on, can reduce the inconvenience.
 - (3) Went to the hospital to check it's best to wear loose dresses, easy diagnosis and check up and down.
 - (4) Due to physiological and psychological change, mother easy to face haggard, emotional instability, pregnant suit in color you can choose healthy, clear, soft pink, with background colour.
- What is more, if you want to protect your baby well, you can buy

anti
radiation skirts.

Security: Public
Location: Not Specified
Mood: Not Specified
Music:

Thu, 20 Sep 2012
5:19 AM

How to choose fashion pregnancy dress for older mothers

Medical research and clinical practice has shown that: the best of female reproductive age is 24-28 years old. Female has fully matured during this period, best quality egg, in the trough the ligaments and muscles elastic best, uterine contraction strength. This period of childbirth, miscarriage, premature births, stillbirths, deformities and the incidence of dementia is the lowest. When women born after age 35, egg quality began to decline, egg cells prone to distortion, the accumulation of various chronic diseases, which makes the chance of fetal chromosomal abnormality occurs higher than that of ordinary people, early abortion, later dystocia (breech births and the Down's Syndrom, surgical) morbidity has increased considerably. The maternal pelvis and ligament degeneration of that age, soft birth canal organization has less flexibility, uterine contraction power is more weakened, easily lead to dystocia caused by prolonged labour, causing fetal birth trauma, asphyxia. In addition, due to the old age of pregnant women, fetal malformations and the incidence of certain genetic diseases are higher. Clinical statistics showed: at the age of 35,

pregnant children with abnormal chromosome odds are one-one hundred and seventy eighth, the chances of miscarriage are one-two hundredth, is age-appropriate reproductive 2~3 times. Besides, when you choose a casual maternity dress, you should pay an attention. Wearing radiation suits: the old age of pregnant women can greatly reduce the external environment hazards.

"In addition to physiological reproductive disadvantage, old age pregnant women are more sensitive to external environmental stimuli than school-aged women " Professor Peking University first hospital of obstetrics and Gynecology physician Zuo Wenli has expressed this view. Zuo Professor invoked "China disease prevention control center" and "Beijing Concord hospital" of a copies investigation report, said microwave oven, and electromagnetic furnace, phone, computer, and copier, caused of electromagnetic radiation on pregnancy women especially elderly pregnant women of against huge, "to microwave oven for cases, most microwave oven in 50 cm within of electromagnetic radiation, over Supreme limited value 37% of more, this greatly over that even age pregnant women are difficult to bear of radiation range, for elderly maternal of effects imagined, That would greatly increase the risk of miscarriages or chromosomal variation may "Zuo Wenli said," therefore, it is recommended that old age pregnant women preparing for pregnancy as well as during pregnancy, as far as possible from the above sources received a call less, in the consciousness of environment-safe, wearing radiation suits, to reduce the risk of radiation ".

What kind of anti

radiation clothes should choose for old age pregnant women?

Females choose to marry and have children at an older age, most consider a career, family, most of them in a relatively stable and successful career, so for them, radiation protective clothing brand and quality is their most important.

"Excellent and Silkworm silk silver fiber radiation protective clothing", due to environmental protection, green, fresh, fashion features, especially got white-collar consumers attention.

"Excellent and Silkworm silk silver fiber radiation protective clothing" is used in the Advanced "twist weave" technique, by the Green natural Mulberry silk (also known as silk) and produced at a scale of high purity silver fiber through 1:1. One of the main ingredients of Mulberry silk fiber protein fibers, is composed of

18 kinds of amino acids. As the silk from the planting of Mulberry silkworms to reeling in the production of woven silk free of contamination, so the radiation suit described as a green product. Made of silk fiber "excellent plus silkworm silk silver fiber radiation protective clothing," which not only soft close, warm and breathable, but also because of its characteristic green health, the human body has a variety of health effects. At the same time, due to moisture absorption of Mulberry silk is 1.5 times the cotton, they are able to maintain skin moisture balance, drying to the skin of pregnant women have good conditioning effect. Authoritative test, the product of electromagnetic shielding radiation capacity compared to other brands of pure silver fibres up to 20%, not only green and healthy, shielding radiation of more strong. Anti radiation clothes has many kinds for you to choose, such as anti radiation pants, anti radiation skirts, anti radiation vests and so on

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Fri, 21 Sep 2012

4:29 AM

Teach you how to buy maternity clothes on internet

For pregnant mothers, when they have baby, that means they have isolated with fashion, especially for Mommy that like shopping, can no longer freely selected loved clothes in the crowd. The other hand, online maternity clothes have various styles. Therefore, to buy maternity clothes in the net shop became a fast and convenient choice for pregnant mother.

The sophistication of online, the fastest-growing cities have sent in 3 hours. Fast, convenient, diverse styles and so on, are the main reasons for pregnant mother choose to buy fashion pregnancy

dress online. However, the thing also has two sides, buying maternity clothes online, there may be a lot of problems, such as quality cannot be guaranteed, professional shopping guide is missing, and so on.

Of course, for pregnant mother, maternity clothes preferred choose the texture of pure cotton and pure natural silk material. Skin becomes sensitive during pregnancy, if frequently exposed to man-made fibre fabrics, prone to allergies. Chemical fiber fabrics with dry skin often friction, can produce a large number of static

charge. Electrostatic charge can make a person restless, symptoms such as insomnia and more dreams. Pregnant women that has suffered from heart disease, also tends to cause other problems and endanger the pregnant woman and the fetus. Therefore, avoid sticking wearing synthetic underwear. Recommendations pregnant Mommy should select the breathable, warm, sweat-absorbent cotton or silk, soft clothes are comfortable for babies.

Pregnant mom in fashion clothes selection, should take into account the following aspects:

1, easy to mix and more thin.

Pregnant mom can choose flower design of pendulum, obscuring highlight the effect of the belly, pull Pack can be easily adjusted on the side length of shoulder sleeve design can achieve the effect of leptin in Lotus leaf. If you like to wear a skirt, you can buy a few more high quality mini skirt with elastic. Following match with black stockings or boots, stylish and elegant at the same time, you can wear for several seasons.

2, easy to wear off and more convenient

Pregnant mom look slightly paunchy and should pay attention to in selection of maternity clothes easy to take off, put as good, clothing based on the principle of comfort, spacious, clean. Separate the upper and lower body assembling is easy to take off, put on, can reduce the inconvenience to the bulky body of a pregnant woman. Many clothes look fashionable, but put off is inconvenience, or in clothes decorated with metal, can easily scratch the skin of the pregnant mother. This is the time to buy maternity dress details not to be ignored. What is more, when you buy a fashion maternity pant, you also need to pay attention to this size. Now there are more and more anti radiation clothes have appeared, such as anti radiation skirt, anti radiation vest, anti radiation pant and so on.

3, easy to adjust and more affordable

With month increments, followed more than abdominal circumference is the same, bust, waist, leg circumference will change. Buying clothes, pants could not buy just right, but better to be lenient. If the clothes can be adjusted according to the size appropriate, you can prevent the size changes too fast and didn't

have the right clothes, affect fetal development.

4, lower prices and but not to low quality.

Online buying has low price advantages than traditional shopping, but the low price is limited, low prices may be hidden traps. Many shops often use online consumer "cheap" psychological characteristics, free gift, "second kill" low prices to attract consumers' attention, the misappropriation of original model pictures, stepping into the trap to attract consumers.

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Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Sat, 22 Sep 2012

3:53 AM

Anti radiation clothes are the best way to protect your baby

With the coming of the era of science and technology, computers have become essential working tools. Young ladies need work and

want to have a smart healthy baby. Various reports on computer electromagnetic radiation and hearsay between friends and colleagues, has cast a shadow over the prospective mothers to the front of the computer. On the expert's reply is also dubious and haunted. Foreign press have reported many times in front of the computer screens of embryonic diapause occurs in pregnant women, miscarriages, birth defects and other cases, China also had a similar reported or reproduced. Pregnant women are fearful, how to do for pregnant women that work at the front of computer?

Radiation protective clothing as a frightened mother to disarmament concerns. In the field of clothing, maternity clothes, was an easily overlooked market segment, and radiation protective clothing maternity clothes is market segments in the market segment. But scientific research shows that fashion

anti radiation clothes for your baby's health are very helpful during pregnancy. Because I found this huge potential market, radiation suits become the country's first radiation-resistant maternity clothes brands.

Just a few years, competitors seem to have seen a radiation protective clothing maternity clothes in this area, and competition become intense in the industry. In this context, tensa, after careful consideration, the formation of a professional team, Japan factory for processing in the course of learning, integrating technology, has finally developed a radiation protective clothing fabric technology with independent intellectual property rights, and to overcome the lack of imported raw materials that cannot be washed.

Perhaps some may doubt, does everyone really need radiation? These radiation protection clothing and whether there will be a market for new products? In fact, many years ago when tensa made the first radiation protective clothing maternity clothes, some people have the same nose. But the final pursuit of mental health consumers has the upper hand, radiation-proof suits have become prospective mothers of "standard equipment". Anti radiation clothes have many kinds, such as

anti radiation skirts, anti radiation pants, anti radiation stomachers, anti radiation vests and so on.

In this regard, the experts gave the appropriate prompts: a radiation protective clothing should have the general properties.

Design is elegant, dress comfortable, sweat-absorbent breathable, light, soft, so that mothers can remain fresh for a long time, so as to achieve around-the-clock radiation effects. Conversely, if radiation protection clothing is designed badly, wearing uncomfortable, even with a certain amount of radiation effects, they are just adding unnecessary burden to mothers.

The second is a radiation-proof suit to meet the needs of mothers throughout pregnancy. From one to two months pregnant, before the birth, huge change in the body of mothers, gradually grew up of the fetal abdomen and oppression of internal organs and blood vessels to help prospective MOM restricted mobility, lower extremity edema also appears. Therefore, the design of radiation protective clothing should be simple, easy to take off, put on the Slinky loose.

The last is that radiation protection radiation protection technology of the suit itself, which is also the most crucial point. Beijing DUOYA Tirzah radiation suits adopts international advanced radiation technology--"anti-radiation curing technology of antibacterial silver fibre", its radiation-resistance of metal fiber more than a 150%, than ordinary silver fiber upgrade on the market above 30%. Elegance Flower Shoppe, mother through professional equipment testing, comparison microscopes, witnessing Tirzah radiation effects of radiation-proof suits.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Mon, 24 Sep 2012

5:05 AM

A comprehensive analysis of antenatal training

Fetal culture is an integral part of the teaching of aesthetic education, antenatal instruction methods in aesthetic education is defined as fetal awareness, through mothers' feelings about beauty and the consciousness of beauty antenatal instruction method passed to the fetus. It mainly includes: musical beauty, figure beauty and natural beauty.

Music is self-evident

Musical aesthetic to the fetus are psychological and physiological roles of these two different approaches to implementation. All the emotions will pass to the fetus through the sentimental tone.

1. psychological aspects

Music can make a pregnant woman relaxed and happy, so that their emotional reach best, and pass this information through the nervous system to the belly of the fetus, so that it was infected. At the same time quiet and laid-back rhythm can create a calm environment for the fetus. Restless baby to quiet down so he is dimly aware of how harmonious is the world, how wonderful it is.

2. physiological aspect

The effects of sweet and pleasant sound can stimulate maternal Autonomic nervous system activity, because the Autonomic nervous system controls the endocrine glands secrete many hormones these hormones through blood circulation into the placenta, placental blood component changes, increased chemical composition in favour of fetal health, so as to stimulate fetal brain and the functional activity of the system, to feel the mother to his stimulating (education).

Warm reminder: passionate, emotional fluctuation, easy to be angry, sentimental, sensitive, suspicious, small-minded pregnant women, early pregnancy, as well as medium-term abortions occur, 3~5 times more than in normal pregnant women. When in a bad mood to listen to some soft music can calm restless heart of prosperity.

Beauty and clothes are the same antenatal instruction

Antenatal instruction is always acts throughout the entire pregnancy, therefore, life itself is an antenatal instruction of pregnant women.

Some pregnant women lose the slim body financed and feel painful. In fact, no need to be so. Pregnancy is almost every woman goes through, you can observe that most women will be as before with a slim and graceful figure soon after giving birth, sapling beautiful, but also added a few minutes mature beauty of women. During pregnancy, pregnant women can also dress very beautiful. In fact, beauty and clothing are also antenatal instruction, pregnant women just need to elaborately dress up. The pursuit of beauty is a wish for a female, the best appearance will bring a lot of joy to you. Pregnant, you need more elaborately dressed, you can choose many

fashion pregnancy

dresses. This amused herself one way on the one hand, concern for their appearance, clothing will make you forget the unpleasant reactions in pregnancy; Moreover, makeup will make you look good, look, comfortable, others, praise a few words to you, you will be very pleased. Visible makeup will keep you confident, optimistic,

feel good. Thus, beauty, dressed either for yourself or on fetuses is very meaningful. Make-up time must pay attention, not to the nines, as against the pregnant woman and the fetus. What is more, in order to protect many pregnant women should choose the anti radiation clothes, such as anti radiation skirts, anti radiation vests, anti radiation pants and so on.

Also, on the topic of beauty or not beauty, the temperament in pregnant women is critical, first of all pregnant women have good morals and elegance of taste, knowledge broad, gentle manners, inherent beauty. Respectable women are followed by bright colors, appropriate dress, clean hair, combined with perfect makeup on face, it is refreshing. Antenatal instruction of a good mental state and face, it can make the infection of the fetus in the womb is beauty and initial aesthetic ability.

Warm reminder: the key to beauty is neat , just have to look at the health of pregnant women, maintain a neat, the image must be substantially improved. Furthermore, pregnancies that were previously built is gone, but at the same time is a different kind of beauty.

Security: Public
Location: Not Specified
Mood: Not Specified
Music:

Tue, 25 Sep 2012
4:25 AM

Anti radiation clothes are very important for baby

Life begets life. Energy creates energy. It is by spending oneself that one becomes rich. Pregnant is the most sacred moments of each mother, however, society develops not only bring convenience to the people living at the same time, but also electromagnetic radiation pollution. Even after the pregnancy, can reduce the radiation pollution of office computer, it is difficult to avoid the family against pollution, such as microwave ovens, televisions, telephones, information on how to choose a good radiation protection clothing, is important for baby and the mother's health.

1. first determine whether super protective radiation suits are required:

General recommendations selected super protective radiation

cloth who is working in the engine room or in a work environment for protection of pregnant women wear with more than 50 computers. General protective radiation cloth has about 25% metal protective effect of fiber, but super protective radiation cloth has about 30% metal fiber.

2. decide themselves to underwear or a horse-clip radiation protective clothing:

Radiation proof underwear is to bring white collars to protect themselves. Of course, if you are ready to pregnancy, you can wear underwear, but once pregnant 3 months after, you must wear protective waistcoat (protect the spinal nerves).

3. Select style: styles are the best, basically protective effect is the same, but style is different. The silver radiation protection aprons, comprehensive protection of the safety of themselves and their fetuses; the anti

radiation skirts are full belly before protection design, comprehensive protection infant security.

4. color: because of dirty resistance, so Navy Blue is the color with the largest selection. Pink is for those woman who like beautiful, who says pregnant women can't be beautiful. Purple is both dirty and pretty colors. Others, such as blue, gray and army green.

5. choose the size: the suitable size is good. Buy anti

radiation clothes for pregnant women, it is recommended that slightly larger, so better for yourself and your baby. The silver radiation supplies special structure design, adjust with the abdominal circumference size, prior to the meet from early pregnancy to perinatal changes of growing waistlines.

6. Select fabric: coating (best is silver plated) radiation-resistant maternity clothes ranked better, the disadvantage is that feel hard, ventilation is not good. Do not wash. The silver radiation protection products exclusive professional "Nano Silver radiation protection interface", "Silver fiber infiltration radiation interface" technology, resistant to repeated washing, Super breathable, antibacterial to remove static electricity.

Metal blended products radiation-resistant maternity clothes, the advantage is a feel good, good permeability, and can also be washed. Disadvantages are for computers, televisions and other appliances radiation effects is low. Advise to baby's health, please select carefully.

Ionic silver fiber, this fabric is blended between a variety of metal, but due to the high cost of silver, so only a small amount of product on the market.

7. testing of radiation protective clothing

First look at radiation protection clothing label. Through the label, you can call the manufacturer, to determine from which dealers into the cargo. This method can only be preliminary determined product authenticity.

Think through the above described, pregnant moms can be purchased to fit their own radiation protection suits.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Wed, 26 Sep 2012

7:22 AM

How to dress up yourself in winter

Teeming with life, protuberant abdomen is full of happiness and satisfaction, it is as the most beautiful woman. During pregnancy moments, although a change in shape, inevitably bloated at all times, but if you follow the latest fashion trends, well dressed, well, in this cold winter, pregnant mom can wear out fashion and creative!

Fashion casual maternity clothes, non-destructive pregnant mother's professional profile

The trends of the world as a whole tend to be casual, therefore, fewer and fewer pregnant women choose stupid business suit. The casual

maternity dress is becoming a style, a trend in favour of pregnant women, it is conducive to pregnant mom because you can enjoy the most comfortable dress period.

Previously, when a pregnant mother begin pregnant, taking into account changes in body, the selection of suitable clothing is quite a thought. Now, however, the selection of chic stylish and moderately priced career maternity clothes will become easy. Of course, those who are committed to maternity dresses designed by genius designers. Today's trend of the latest design concept is: maternity clothes style extends to women before pregnancy daily

dressing style.

Pregnant working women has the most important objective is to maintain their professional image in the Office. Once pregnant working women want in a moulding and relaxed styling costume to conceal their pregnancy body changes, now market offers numerous fitness, trim in fine clothing can make a pregnant woman does not mark a shift from daily loading maternity clothes, others almost impossible to detect changes in their shape and style. These fine fashion pregnancy

dress can make pregnant women look more elegant and clean.

Elastic cotton fabric is not only the selection of comfortable and styling, but also can create a good outline.

The cold climate in winter, for the mother should keep warm, first of all in terms of clothing to keep warm and comfortable.

1. adjustable pants

Trousers are advised to select the waist straps, elastic adjustable, belt not bundle too tightly, so as not to increase the uterus cannot rise and down, creating overhanging belly, leading to fetal position not being, obstructed labour. Narrow pants such as jeans, tightly bound waist and legs, and affected lower extremity blood circulation, prevent the utero-placental blood circulation, affecting the normal development of the fetus and should not wear. Underwear should not be too tight, the best selection of fully covered belly and hips, for pregnant women with shorts. SOCKS cannot be worn too tight, so as not to affect the blood circulation of lower extremity, lower extremity venous pressure increased even more, leading to varicose veins.

2. cotton thermal underwear

In cold weather, when you can choose the mainly of cotton thermal underwear, with the same warm pants, cotton dress has a soft touch, not only comfortable and warm effect. In addition, good breathable cotton material, metabolism is a strong mother, not because skin thermal formation and the increased burden on the skin.

3. wool thermal underwear

Wool thermal underwear features is a good cold effect, excellent ductility, high purity of woolen clothing even thin pieces can be very warm, and wool with the curled characteristics, its high air content, when the weather is warm to discharge excess heat to maintain the temperature, which is very suitable for the temperature and the subtropical winter chills and fever.

4. warm jackets

In the coat, pregnant women will be careful not to let the

abdominal and low back dress a chill, to light and warm clothes, you can choose light soft down jacket.

5. scarf

Cold climate in winter, warmth is necessary, particularly those directly exposed outside the head needs a soft beautiful scarf. It is not only to protect windproof skin, general occupational clothing can also be interspersed, playing the role of the finishing touch.

On the shoulders of a rich style of scarf, wear dark color of the mobilized, people are very bright and beautiful. Instead of bright coat if you mix a dark scarf, you can squeeze the dazzling light, bring out the pretty and out of generosity.

You may interested on:

formal

maternity dress

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Thu, 27 Sep 2012

5:24 AM

Pregnancy can make you more beautiful

After pregnancy, as your baby grows up day by day in the belly, the mother-to-be changes shape day by day, taking into account not only elegant they wear, even taking into account comfort and safety.

All-cotton underwear is not allergic

For the mother, the natural texture of maternity clothes is the best choice. Skin becomes sensitive during pregnancy, if frequently exposed to man-made fibre fabrics, prone to allergies. Therefore underwear must be cotton or silk, style is lax, you will be comfortable. Bra: pregnancy breasts become greater than before pregnancy, in order to support your breast, you should select a hard support on the bottom support bra. As well as two shoulder strap width can prevent shoulder tight feeling.

Underwear: mother's abdomen is protected area, it must not be a little bit aggrieved. Therefore, in order not to impede the blood circulation, even early in pregnancy, mothers do not also select the triangle tight underpants, receive functional underwear and abdominal waist, thighs are relatively tight panties. Choose catchy mini-briefs that have lower or upper high panties, it is best to have a certain degree of flexibility, flexibility in order to adapt to ever-larger belly.

Socks: in medium-term of pregnancy, some mothers begin to swollen legs feet are swollen, if you are in lukewarm season,

pregnant women may wish to wear skirts, and equipped with a pair of elastic stockings, stretch hose to eliminate fatigue, prevent ankle swelling and varicose veins.

Pants should have scalability

Maternity clothes should follow the principle of simple and neat, loose and comfortable and breathable. Early pregnancy does not have too many requirements, but slightly less strict; in middle pregnancy time, you will be prepared specially designed clothing. Now there are many kinds of fashion

maternity pants for mother-to-be to choose.

Coat: up and down clothes have an easy activity, wear off easily, which is suitable for mother to wear. Pregnant women mounted of pants and we usually of pants just instead, so the design of benefits is to protect abdomina, also can avoid off pants of dangerous; one of its another advantage has "telescopic sexual", that "charge" waist of strap can long can short, pregnant women according to abdominal uplift of degree themselves regulation trousers of size, its utilization high, can from pregnancy early wear to delivery, is more economic of select.

Overalls: when the vast majority of mothers have 5 months pregnant and their belly protruding, ordinary style of trousers obviously tight, pressure on the abdomen, feeling very uncomfortable, the fetus is not good. Overalls have not trousers, avoiding this problem; also increasingly bloated body visually modified, so are many mothers as preferred.

Disadvantage of overalls is not easy to wear off, especially for urination more trouble for the mother-to-be.

Dress:

fashion

maternity dress without having little pressure to the abdomen of pregnant women, dressed in beautiful and practical in the summer. Best pants in the winter, wear dress with mobility.

Wedges shoes are most comfortable

Wear high heels to walk needs more strength, and easily to feel fatigue, which can affect fetal development, even early in pregnancy best abandoned, pregnant women do not wear a completely flat-bottom shoes. Wear platform shoes to walk, after to the underside of the foot is feet first, prone to fatigue and injury of the muscles and ligaments. It is best to select wedges shoes with a

little height, dressed comfortably.

Wedges of foam sandals have good elasticity, but slippery, wrestling in the water. Buy Sandals, you should look it skid, or walk will fear on rainy days.

Also, as the body becomes heavy day by day, legs, feet, ankles and other parts easily swell. Therefore, shoes must be loose, lightweight sneakers is an ideal choice.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Fri, 28 Sep 2012

10:15 AM

Teach you how to match clothes

Now many women's wear designers are committed to design fashionable and beautiful maternity clothes, so women do not have to worry about that they is out of touch with fashion after the pregnancy. But no matter what maternity clothes you like, not just style, the key is to see whether the wearing comfort. Because pregnant women is easy sweating in gestation period, it is best to purchase better breathability of natural fiber clothing (such as cotton).

When buying trousers or skirt for women in pregnant, it is best to choose a neutral color, such as black or khaki. Abdomen and waist of the garment must have very good elasticity, in order to be able to support and protect children, Twill or Poplin fabrics the best selection.

Most pregnant women like overalls, which is the main dress wardrobes in pregnant women. This is because the strap trousers that is soft, easy to wear and wear longer, overalls should have the characteristics of the basic maternity dress, loose belly, good comfort.

Reserve some wear or matching t-shirt

To ensure wearing comfort during pregnancy, you can purchase a collar corner men's or boys ' shirts with button. The shirt is usually high or Oxford cloth made from cotton, relaxed fit pregnant body dressed in a more comfortable. And shirt for a good match, mounted to wear under a skirt, plus a jacket you can wear to work, accompanied by a loose overall as a plainclothes over the weekend.

Choose some soft and comfortable elastic knitted clothing, such

as waist coats, knitted pants, and knit dresses, mix with other styles of clothing, you can wear.

In the closet, there must at least a piece suitable for social occasions wearing maternity clothes. For example a look more elegant velvet dress or a fine and exquisite piece of a slender Black Cotton satin shirt and formal

maternity dress. When purchasing clothing does not have to worry about after some fashion models wearing sexy, dress styles of micro-gel breast makes you more feminine charm.

The boobs size will get bigger during pregnant, so you need to buy a few to inclusion and support of chest sharp chest. In addition, the abdomen during pregnancy will also highlight, so needed to buy some pregnant women fit comfortable to wear pants, or you can buy casual maternity dress.

If work is required during pregnancy, you need to be equipped with wear suitable to wear in the workplace. It is best to choose cotton clothing, cotton clothes feel soft, breathable moisture has a good comfort and support.

For prospective mothers, maternity clothes need better breathability and soft fabrics to comfort. Prospective mothers wear clothes and trousers during pregnancy, especially underwear, cotton production should be selected. Avoid wearing synthetic or cotton/polyester blend fabrics sewing lingerie, underwear. Summer maternity clothes need good light, thin, soft, breathable rayon, silk, linen and cotton fabrics, for good, not waist dress or top fold, under loose clothing. The maternity clothes in the choice of fabrics to comply with this principle, its maternity clothes are soft and breathable, best suited for wearing during pregnancy the pregnant mother.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Wed, 3 Oct 2012

6:05 AM

Some Good Common Sense About Anti Radiation Clothes

Do you think that anti radiation clothes must be the single style and simple suit? We see most of the products on the market in

the past was almost a style, seems to be the only style that can be paired with radiation, in fact, after several years of development, radiation-proof suits have come into vogue, many brands first to start a fashion trend, radiation-proof suits to stay away from "tooling" shadow.

Most of today's moms are commuters, so demand for maternity clothes is high, in addition to loose waist, and requirements for color, style, and so are not inferior to the fashion. Maternity clothes are divided into leisure and career maternity clothes all the time.

"The feedback from the market, gray, pink, navy blue, dark purple, light gray five colors are popular with consumers. Taking into account electromagnetic radiation protective clothing should not be washed frequently, generally speaking, dark is more popular than light, but light are planning to purchase more pieces of clothing fashionable white-collar favorite anti-electromagnetic radiation. â

Mix of pants, commuters can be completed with dark lines, dominated by cotton polyester fabric elastic feet pants, played a collection of effects, casual

maternity dress can be used with micro-la casual jeans. Try not to choose a pair of slacks of the mast was not spirit. What is more, if you need to go formal occasions, you can also buy formal maternity dress .

In addition, while after 3 months pregnant, most pregnant women are already bulging waist trousers that were of little use, so you should chose professional trousers for women, can help the health of the baby in his mother's womb to grow, or you can make pregnant women more comfortable through the entire pregnancy.

From the effectiveness of anti-electromagnetic radiation, light weight, breathable, soft, and so the overall effect, radiation protective clothing of material silver fiber superior are eye-catching, while the silver fiber radiation protective clothing also has features such as thermal conductivity, anti-static, absolute claim to stand out in a similar product.

However, some consumers think, spend around 1500 Yuan to buy anti-electromagnetic radiation suits, silver fiber content of only 10% or 20%, they felt unworthy. So, higher content of silver ion is good?

Tested by authoritative departments, when anti-electromagnetic radiation is below 15% silver ion content in the fabric, we cannot

guarantee their service life and high performance shielding. When the fabric content of silver ion in anti-electromagnetic radiation is above 20%, will lose as a pregnant woman in full dress costume that must have the characteristics of lightweight, soft, breathable, also feel discomfort when the pregnant Mommy wears. Also, simply increase the content of silver ion and not proportional to the shielding effectiveness of clothing increased after repeated tests showed that when the silver ions in the electromagnetic wave radiation-proof fabrics reached 17%, continue to increase the proportion of silver ions, it also can not upgrade the shielding effectiveness.

Delicate silver fiber electromagnetic radiation protective clothing is also recognized in the industry, the silver ions can be easily oxidized, after a period of use, color tends to darken and dim.

In amateur conditions, generally only "qualitative" to detect any radiation effects, does not know exactly how well do the radiation effect. General radiation protection suits will come with a small piece of cloth, according to the manufacturer's testing method for judging the truth of clothes. If it is metal fiber fabric, you can burn this piece of cloth, if after burning, you can see the very fine metal mesh structure, it means that this piece of cloth is the radiation effects.

More intuitive method of judging is "shielding mobile phone interference experiment". Specific practice is the speaker switch turned on the computer, cell phone near the speakers when making or answering "takh-takh" pulse interference sound, with radiation protection clothes out of the phone and speaker, then make or receive phone, interference tones. Description radiation protection suits cause electromagnetic interference shielding off your cell phone.

If you want to learn more information about fashion pregnancy dress , you can leave a message to me.

Security: Public
Location: Not Specified
Mood: Not Specified
Music:

Thu, 4 Oct 2012

4:39 AM

Teach you how to match Maternity clothes

Many mothers are always concerned about their own stomach grows up day by day, figure will become bloated obesity, wear clothes that are not appropriate with them. In fact, there are many beautiful maternity clothes, let MOM walk in the fashion tide, reproduce once-pretty graceful charm.

Maternity clothes to take full account of the year female physiological changes during pregnancy, designed to be adjustable girth, no matter how odd month-old mother put on her very fit.

Brilliant colors:

Big red, emerald, gray and purple and gorgeous colors have become pregnant this season charging leisure's flagship. Or solid colors or decorated decoration color or in color pattern, let the pregnant Mummy fashion look reveals a soft, increasing new vitality of life.

Popular models:

Trim and smooth dress, collar, chest, waist, and so pregnant women wear v neck, both important parts of whole body chain, collar open to the waist buckle in the middle or side chain functional design and chest line of lace, silk, satin, wide waist line decoration, Ruffles, pleats, lace and other popular elements decorate. Let pregnant Mommy to feel stylish, comfortable and convenient.

Fashion fabrics:

Softer fabrics, such as chiffon, silk, cotton, match the patterns or solid colors. Let the pregnant Mummy feel slim dress, comfortable, and does not cause skin irritation.

Home articles

Cool colors:

Pale yellow, light pink, off-white, blue such as blue-dominated home services, particularly refreshing in the hot summer, even when wearing at home, the mood is just as refreshing. So when you at home, you can also wear fashion casual maternity dress .

Comfortable fabric:

Light natural fabrics such as cotton, hemp, contact with the skin of the pregnant Mommy does not cause allergies. This fabric is to comfortable carry, good permeability, which is very suitable for pregnant Mommy wears at home.

Simple style:

Trim fit shorts and short sleeve jacket mix of smooth, let the pregnant Mommy dressed in a more convenient and comfortable. No sleeves, short sleeves, Princess jacket sleeves, and wave edges,

Ribbon, decorative, such as GATHERING, added some soft in the simplicity. Adjustable waist shorts retractable design, pants open, snap, or tie features such as design, can meet the physical changes of pregnancy Mommy needs.

Buying Tips:

Dresses, in the chest and abdomen have a relaxed fit and design. When pregnant Mommy are wearing, select without a sense of too tight dresses. Put in the chest, abdomen, you must be careful of their relaxed comfort, not the belly. If it is a knit fabric, elastic as preferred. Besides if you need to attend an important occasion, you can also wear fashion formal maternity dress .

Shorts at the waist and abdomen with strainer design of retractable or can pull out exhibition at the waist and abdomen left margin. Pass before opening or side-opening, pregnant Mommy wears off.

Pants lace or buckle design, make it easy for pregnant women when there is a swelling of the legs free adjustment.

Pregnant Mommy shoes must also be carefully chosen. Fashionable pregnancy put matching shoes, styles can be selected slightly soft shamelessly wedges sandals. If it is a tie, you can adjust at any time according to the degree of swelling waist. If you want to choose a slightly larger in size, so as to it can avoid squeezing the foot when the foot swelling and causing foot discomfort.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Fri, 5 Oct 2012

7:30 AM

How to buy stylish maternity clothes

When you have baby in the belly, no longer want to wear that you like clothes. In order to the safety of your baby, pregnant moms must pay attention to choose pregnant clothes. In generally, pregnant clothes must be met the following criteria: 1, feeling comfortable; 2, easy to wear off; 3, insulation and moisture absorption; 4, facilitate activities; 5, easy to wash; 6, pure natural fabrics such as cotton or linen. Early pregnancy dresses and skirts should be loosely, the latter should select waist pleated garments.

There are all kinds of fashionable maternity clothes from tops and bottoms to beachwear and lingerie. You do not have to give up skinny jeans during pregnancy since there are many brands that will include a soft stretchy waist band that fits just under the belly and gives you a long and lean look. Halter dresses can also be made to accommodate the maternity form by emphasizing lines above the baby bump that are comfortable and beautiful.

In fact, you can find all kinds of fashionable dresses that are great for wearing on a casual day or for a special occasion. For instance, maternity maxi dresses are not only fashionable but also flattering. These dresses come in print designs and have long lines that give you a leaner look even if you have a dress with contrasting prints. There are also glam maternity dresses that can be long or short with halter or sleeveless designs. Even asymmetrical off the shoulder designs can keep you fashionable while making sure you are comfortable.

1, preferred to choose anti radiation clothes

The baby is very fragile, highly penetrating ionizing radiation once high density, has the potential to cause great harm to the fetal baby, pregnant mother must be prepared for a comprehensive radiation work. First, you should buy anti

radiation clothes before pregnancy, to ensure that the baby is not affected by radiation. The anti radiation clothes are 100% silver fiber, providing 360-degree radiation-radiation-proof suits.

Early in pregnancy, you may choose anti radiation stomachers, if you want to wear more fashionable, you can choose to buy fashion anti radiation stomachers, which highlight good build and show your beauty. In late pregnancy, more and more anti radiation vests and suits for your choose from.

2, optimum comfortable cotton underwear

The mother-to-be during pregnancy skin unusually sensitive, and regular contact with man-made fibre fabric maternity clothes easy to trigger skin allergies, thus affecting the healthy development of the fetus, so the texture of clothes during pregnancy you should choose natural cotton, silk and comfortable underwear.

3, selecting large zip around wallet coat

The large zip clothes are easy activity, wear off easily, working for mother to wear. Second is the coat, especially in winter, when pregnant women jacket selection must as far as possible to cover the protruding stomachs, provide enough warmth to the baby.

4, choose buy overalls, reduce abdominal pressure

After 5 months pregnant, the vast majority of mothers belly are protruding, ordinary style of trousers are obviously tight, pressure on the abdomen, feeling very uncomfortable, the fetus is not good. Overalls not trousers, to avoid this problem, also increasingly bloated body visually modified, so are many mothers as preferred.

5, beautiful dresses, both nice and warm

Skirt has little pressure to the abdomen of pregnant women, dressed in beautiful and practical in the summer. However, you should choose a simple, complete, clear and beautiful pregnant women skirt, preferably anti-radiation radiation pregnant women skirt. Fall/winter season you can also choose warm effect cotton long dress, can nurse directly to live an empty stomach, then dress a long coat, to provide double baby warm. If you do not need to work, you can wear some casual maternity dress .

Many women struggle when building a maternity wardrobe, and often give up on style and fashion in the process. Shirley Stark wants to help you maintain your personal style all pregnancy long - see how you can do so by visiting her website fashion pregnancy dress.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Wed, 10 Oct 2012

6:29 AM

Let us to discuss anti radiation clothes

All said, pregnant women are the most beautiful people. Making life is every Mommy divine mission! Now, electromagnetic radiation is everywhere, mobile phones, computers, microwave ovens radiation all around us, always in danger to physical health. To your baby's health, many pregnant women will buy radiation-proof suits, radiation protective clothing can pregnant women, but how to wash? How long radiation protective clothing can be used? A lot of mummy will be confused.

How to wash radiation protection clothes for pregnant women? How long radiation protective clothing can be used? Then experts explained to us: radiation protection clothes are mainly of metal

fiber fabric and silver fiber fabric. Its main characteristic is directly washed, soft cloth, feel good.

1, immediate washing, ordinary alkaline laundry products such as shampoo, laundry detergent, or SOAP can be used, do not rub, blot gently brush carefully; do not use powder detergent can wash (will become yellow).

2, radiation protective clothing needs a gentle hand wash, do not use washing machines;

3, not twisting after washing, can be picked up directly from the water to dry;

4, water temperature should not exceed 50-60 degrees;

5, in the ironing temperature, the temperature does not exceed 90 degrees;

6, when you wash, do not bleach or use a wash made from bleached.

Silver fiber fabric washing you should also be aware of anti radiation clothes:

1, because of different water around, excessive local tap water which contains a number of chemical substances, such as chlorine ions are over, silver is very sensitive to these easy to react. It is recommended to use well water, mineral water, pure water or cool boiled water for washing.

2, adding neutral or alkaline detergent (detergent formula is different for each brand of alkaline to acidic, not recommended, alkali-resistant silver fiber is not acid-resistant), hand wash, air dry washing, remember not to exposure, do not bleach. Steam iron cannot be used.

3, everybody has a different electrolyte, generally healthy people are alkaline, the others are acidic. Acid plus cysteine (main compositions of sweat) separation between the makes silver ion (yellow cloth), these people are requested to wear next to the skin, and replaced with greatcoat.

The key to maternity wear and pregnancy clothing is to be comfortable. Maternity clothing should never restrict the legs, feet, arms or hands. The waistline of the maternity pants should be elastic and loose as to not impede the movement of baby or restrict blood flow to the stomach. Dresses are ideal for every stage of pregnancy.

For moms-to-be who are carrying multiple babies, finding

maternity wear and pregnancy clothes can be even more of a hassle. By the time the third month of pregnancy rolls in, the belly may be larger than any maternity size available in a normal retail setting. Specialty shops are available online with large waistbands for moms with larger pregnancy loads.

Anti radiation clothes also have many kinds, it also divides in casual

maternity dresses and formal maternity dresses.

Now we have not confused about Radiation protective clothing cleaning problems. How long Radiation protective clothing can be used? In general, radiation protection service life is up to one year. Better brands like DE radiation protective clothing pregnancy, generally once a month, have to wash 12 times a year.

You know, radiation-proof suits consists mainly of silver ion fiber, with the increase in number of washing, radiation-proof suits ion attachment will gradually reduce, also reduced the ability of radiation. Therefore, secondary radiation suits are would not achieve the desired effect of radiation. Recommended for pregnant Mommy health should choose a new radiation-proof suits.

If you want to learn more information about maternity dresses , you can go to this website.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Thu, 11 Oct 2012

5:55 AM

Four aspects to teach you choose anti radiation clothes

Nowadays, women wearing radiation suits have become a fashion.

Anti-radiation maternity dresses for pregnant mom, particularly pregnant mom in computer work, are essential. However, there are various special radiation-proof suits for pregnant women on the market, but also constantly upgrading, pregnant mothers are amazing, how to choose Anti-radiation maternity dresses? From the following three aspects to consider buying Anti-radiation maternity dresses.

Anti-radiation maternity dresses at the clothing style,

lanyards, aprons, vests, pregnant women, pregnant women skirt suit.

How to choose radiation-proof suits, you can choose skirt and bellyband for spring and summer, in autumn, you can wear apron or straps, you can suits or waistcoats in winter.

In addition, you also consider the pregnant Mommy radiation

around the nature of the work and of the environment. If the radiation is very strong around the recommended radiation protection waistcoat, do this to themselves and the belly the fetus have the most powerful protection; if the radiation is very weak around it (if there is no access to computers at the same time had little contact with other electrical appliances), you can choose radiation maternity vests.

Normally, I would relish the opportunity to slip on a sexy dress and feel like a Hollywood star for a night. But, when my husband and I were asked to attend a ball for the hospital at which he works, the prospect of finding something glamorous to wear at six-months pregnant was more than a little daunting.

Having a dress made for the occasion was out of the question: I knew I was never likely to wear it again. Finding a ball gown in a maternity store was mission impossible. Fortunately, a friend came to the rescue with a beautiful dress, which managed to fit in all the right places, and I was spared the embarrassment of arriving at the ball in much the same state Cinderella exited it.

While black-tie events will always create maternity-outfit mayhem, shopping for inexpensive and fashionable maternity clothing can be difficult at the best of times.

Pregnant Mommy even in the case of a weak source of radiation around it, more than three months, pregnant Mommy also recommended radiation protection waistcoat, so as to offer better protection of the health of the fetus. Radiation suit diverse styles of pregnant women currently on the market, rich in color, meet the different needs of the pregnant Mommy, fashion, health, humanity in the end, prospective mothers are single, farewell to the old suit comfort enough radiation protective clothing, really enjoy stylish, comfortable and healthy pregnancy time.

So far,
anti

radiation clothes fabrics have four generations. At present, the metallic fibers are a good choice.

1. first generation ion silver lining, this radiation pregnant women with better ball feel and breathability, can be gently washed. Disadvantages: broken wire affect shielding effect. Because it is metal, most of which are made of stainless steel, for the pregnant Mommy is not suitable for sensitive stomachs.

2. the second generation of coated fabrics is a good shield effect (phone is basically a package), but feel hard, ventilation

is not good, not washed, the biggest drawback is the plating on the surface of the metal is easy to fall off into a powder, if it is accidentally inhaled by pregnant women, it can affect fetal health.

3. the third generation is fiber-silver radiation-proof clothing, high shielding efficiency, also sterilize, airy function.

Disadvantages are easily and easy to color.

4. the fourth generation is using metal fiber fabrics, soft, breathable, lightweight, with antibacterial, anti-fouling effect, the effect is durable and can be washed, even long-term wear are not oxidized, discoloration, fabric is a safe non-toxic green products, does not have side effects on the human body. By the national authority test center test, 10HZ-3000HZ ultra-wideband electromagnetic shielding effected up to more than 80%. Metal fiber fabric is the main material of the radiation-proof suits on the market.

You may interested on:

casual

maternity dresses

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Fri, 12 Oct 2012

6:31 AM

Three Beautiful Dresses for Mom-to-be

Some mothers think that gestation has only ten months, wasted the money to buy maternity clothes, so the first thing to consider is the price, regardless of the fabrics and styles, as long as the cheap points on the line, this is the biggest mistake. Buying maternity clothes should first consider is the fabric of security and health, this is the most important.

Preferred sleeveless casual dresses

Wearing sleeveless dresses in the summer is preferred, it can be programmed to various decorations make a beautiful dress. In other seasons, it is easy to match light and even the ' trousers, for pregnant women who are indispensable in our daily lives, casual maternity dresses can make the mother looks very cute and lovely.

Today, most white-collar Mom-to-be will still insist on working during pregnancy, they need to be in the Office in front of customers to keep their professional image, so pregnant women wear are being more mothers to receive and wear.

In the work, you should select to reflect the kind of wearing that on the body can be beautiful lines on the chest, but swell in the stomach is less prominent style, brought a small stereo next big a-to clothing outline. When you work with a beautiful leather bag, wearing the right kind of accessories, you can reach "the punch" effect.

Mothers should also be prepared for their own identity and style

formal

maternity dresses exposing themselves still charming during pregnancy. Choose loose-but the dress is not, preferably gowns and skirts with high elasticity. Pregnancy dress different from the usual style, graceful and elegant, but not restrained body, a pregnant woman will give a sense of luxury, which is your best fashion.

Most pregnant women like overalls, which is the main dress wardrobes in pregnant women. This is because the strap trousers, soft, easy to wear and wear longer, overalls should have the characteristics of the basic maternity dress, loose belly, good comfort. But entering the summer in May , because they have access to so many maternity clothes brands sellers told reporters, should be concise, simple, generous, as your body changes, clothing is spacious and not waist. This season, it is best to choose the comfortable, breathable maternity clothes. For example: dresses, half shirts or pants. And overalls, and so is more suitable for wearing in the spring season.

For the mother, the natural texture of maternity clothes is the best choice. Skin becomes sensitive during pregnancy, if frequently exposed to man-made fibre fabrics, prone to allergies. Therefore underwear must be cotton or silk, style to lax, you are comfortable. Should not be tight, let alone harness belt is too tight, so as not to make the abdominal pressure, affecting the fetus. Because, under foreign pressure, can lead to poor fetal skeletal deformation, tissue and organ growth, fetal position is not straight. At the same time will make the shape of a pregnant woman look more bulky. The mix of white embroidery of pink casual pant is rich and warm and soft female charms. If the mother's skin

is not very good, recommended to choose some light and bright colors to background colour, usually the ladies don't wear bright colors can try this time, which not only enables mother's skin looks in the pink color, and it looks like a healthy spirit.

If you want to learn more information about fashion pregnancy dress , you can leave message for me.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Mon, 15 Oct 2012

5:59 AM

How to deal with cold for Pregnant Women

The cold of winter brings much inconvenience and danger to pregnant women. Pregnant women in the winter should pay attention in various aspects of daily life.

Pregnant women must keep warm, their own health, not illness.

Specific measures are, pay attention to dress warm, seeks to stabilize at room temperature, when the cold wave hit, to prevent a cold chill on the go.

Low winter temperatures, day and night temperature difference, respiratory resistance is low, a variety of viral infectious diseases in high season. In General, winter virus infection in pregnant women more, heavier, longer course, the higher the incidence of birth defects. Pregnant women clothes should be added in due course during the winter, note the cold, keep indoor air circulation, stick to outdoor exercise, cold tolerance and resistance to raise the body, enhance immunity, resist disease invasion.

Mothers usually have to pay more attention to the weather forecast, to keep warm when in the cold spell, could be an appropriate mix of scarves, hats, gloves, but the prospective mother should not be too thick, because the hair dryer will be easily cold after sweating. Because the mother's metabolism is very strong, heat dissipation increases skin, so the clothing choices of pregnant women to be comfortable, relaxed and easy as the principle, you can choose strong hygroscopicity of cotton fabrics, feel good, do not pass through tight clothing. Wearing a too tight may influence placental circulation thus affecting the growth and development of fetus and not conducive to genital hygiene, if accidentally caused when vaginal infection, should be carefully used for external use under medical advice. In addition, also note the mother-to-be wears well in warm flat boots to prevent cold

feet. Sometimes, many mothers join in various activities, so mothers must prepare a formal maternity dress, however, in home, you can wear casual maternity dresses .

Starting from pregnancy, hormonal changes in the body, gradual increase in the number and sophistication of the breast so that ever-swelling in the chest. Early in pregnancy, due to the rapid swelling of the breast, pregnant women will feel sore breast and areola are particularly sensitive. After five months of pregnancy, BRA size about than before pregnancy increase a size above; after seven months pregnant about two additional sizes, while papillary distance grows. Ahead of the seasonal production increased in the chest level instead of slowing down. When the production 2-3, secretion of breast milk begins, physical needs further expansion to accommodate the secretion of breast milk of the breast, breast swelling. For about a month after delivery, your breasts will be gradually returned to its size while seven months pregnant, due to gradually reduce breast fat, so prone to sagging in the chest.

Mother not only to radiation, radiation protective clothing selected pregnant women which brand is good, at the same time, also to eat some food for radiation, in fact, in additions to these radiation food we pointed it out, many of the basic fruits and vegetables, are very healthy foods for pregnant women, mothers must be reasonable diet, meat and vegetables mix. Not only do radiation, has to eat more nutritious foods, increase body immunity, so that, even under the influence of radiation or causing serious injury to body and your baby! These

anti radiation maternity clothes are the best choice~

You may interested on :

maternity vests

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Tue, 16 Oct 2012

6:32 AM

How to save money for A Future Mum-To-Be

If you have a baby, what lead you to choose pregnancy clothes ?

Key points for fashion pregnancy clothes

- 1, pregnant women's clothes off must be convenient, while it is relatively lenient;
- 2, maternal metabolism is strong, clothes have good air permeability and moisture absorption;
- 3, pregnant women's skin is more sensitive, clothing material cotton is the best, or they can be natural fabrics such as linen or silk;
- 4, soft styles suitable for compact, the tone is bright, make them look beautiful intimate without fuss, to facilitate operations.

How to buy maternity clothes

Maternity clothes have casual maternity dresses, career maternity dresses (formal maternity dresses), if you usually stay at home mainly, then can select casual maternity dresses that is comfortable; if you need work and is career female, then according to needs is purchased career maternity dresses that is professional; or if you need to attend high dinner or large PR activities, occasions, on needs equipped with a formal maternity dresses .

Maternity clothes are not cheap, recommend that pregnant Mommy when you really need to buy. When you purchase must not lust for cheap, buy cheap maternity clothes, this clothing cannot guarantee that the material, preferably from specialized maternity dress brand shop.

In addition, if your relatives and friends have free maternity clothes, you can find some; others can buy websites and agencies, from these institutions scouring the cheap maternity clothes, and can own maternity clothes donated by these institutions.

How to reduce spending on clothing during pregnancy

Early pregnancy, you do not need to buying maternity clothes, your belly is no significant change in general at this time, a few more fat pregnant women may be somewhat long out, you can choose the clothes to be more lenient. If you are pregnant women often work in front of a computer, you can buy anti radiation clothes .

Second trimester, you can wear your husband's clothes, or modify the original clothing line, turned it into a-type or without waist styles, so lactation after delivery can also be worn for some time. Conditions you can purchase some specialized maternity clothes. In late pregnancy, you can purchase small maternity clothes, belly at this point is already very large, have general clothes won't fit, so buying comfort fit maternity clothes is good for pregnant woman and the fetus. Third trimester pregnant women will be less in the summer, in winter, starting from underwear purchases. Tips: If you need to wear professional dress, it is recommended that pregnant women in the second trimester on the purchase of specialized business wear.

Selection of bras and wear

Throughout the pregnancy your breasts will grow two to three times, which requires constant adjustment and replacement of the right kind of BRA, pregnant Mommy should care your breast. In general:

When 5 months pregnant, a cup bra size larger than the original;

When 7 months pregnant, than to add two cups;

In preceding the period of time, slow growth on the chest;

After delivery, because the needs of lactation and breastfeeding, breast is bigger again.

Pregnancy can wear jewelry

Jewelry can sometimes female appearance playing the role of finishing touch, so pregnant Mummy can also choose some of the trinkets that you like to wear.

Is in need of attention, the choice of jewelry first should put the health of the fetus, pregnant women need to ensure no harmful substances; second is precious jewelry, in crowded places or do not wear when going out alone, in order to avoid irreparable harmed because others snatch.

If you want to learn more information about pregnancy clothes, you can go to this website
fashion pregnancy
dress .

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Wed, 17 Oct 2012

6:13 AM

Winter is coming, Have you made a good preparation

Winter is coming, mother and baby safety becomes a topic of concern for the winter.

Diet control and keep nutrition

In the winter, due to body heat is much, and pregnant women should eat nutritious food more than the other seasons, but bearing in mind a reasonable nutrition, balanced match, only dietary diversification, access to balanced nutrition. Attention to the meat and mix, and less intake of high-fat, high-sugar, high protein food. Women should pay particular attention to the supplement of folic acid in early pregnancy, eating acidic fruits and green vegetables such as spinach, rapeseed, carrots, citrus fruits, etc, to ensure adequate intake of folic acid.

Winter is a good season for people eat much, associate mother course also not exception, but should to light, and fresh, and full, and balanced, and health for principles: pregnancy early can eat some carp soup, both light delicious easy digestive absorption, also nutrition rich has strong of health features; pregnancy in the advanced should attention edible poultry meat, and animal ribs, and visceral, and milk, and bean, and eggs and multiple vegetable fruit, to reached fill calcium, and fill iron, and supplementary nutrition of purpose.

Pay attention to dress warm, relaxed moderately

Low winter temperatures, temperature is big and respiratory resistance is low, a variety of viral infectious diseases in high season. In General, winter virus infection in pregnant women is more, heavier, longer course, the higher the incidence of birth defects. Pregnant women should be added in due course during the winter clothes, note the cold, keep indoor air circulation, stick to outdoor exercise, cold tolerance and resistance to raise the body, enhance immunity, resist disease invasion. So you must prepare more clothes in winter, such as maternity vests , maternity scarves, maternity hats, maternity dresses and so on.

Pregnant women in winter activities

Reduces the amount of winter activities, through appropriate to do some housework, mothers can do indoor exercises, take a walk to your body. Activities the merits of reserve safety manual, to prevent excessive fat and build up body immunity.

Winter activities, mother should pay attention to the following several points:

1. Takes note of security to prevent falls. Southern city has little snow, and snow in winter in the North is often the case, pregnant women body is heavy, falls on the snow roads easily, so be careful and try not to go out when cold, if you must go out, wear slip resistant shoes, try to pick the snow cover has been cleaned of the pavement.

The cold season, pay attention to disease prevention

Mother should pay attention to the prevention of diseases, especially during the winter months of pregnancy-specific diseases, is particularly important, such as a cold or flu, Chilblains, osteoporosis, hypertension in pregnancy, and so on.

Armed police hospital gynecological expert believes that: winter air is drying, humidity reduced, pregnant women easy cold, so pregnant women usually to more drink, often opened window keep air mobile; winter air conditioning temperature not adjustable was high, so as not to out Shi temperatures plunged, body cannot adaptation and appears cold symptoms: Dang virus sexual cold popular Shi, pregnant women should avoid to public occasions and reduced and symptoms clear who contact; pregnant women can appropriate increased sports exercise as pregnant women exercises,, to increased body resistance.

You maybe interested on:

casual

maternity dresses

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Thu, 18 Oct 2012

7:03 AM

Let us do Pregnant Mommy yoga

For the pregnant mom, yoga can make your muscles toughness, flexibility and endurance, increase blood circulation, enhance emotional control for the pregnant mother, pregnant mothers are more successful during the production.

Pregnant Mommy yoga, what use is it? In fact, not every pregnant mother is suitable for yoga movement, pregnant MOM learn yoga, you need to consult your doctor in advance, then, step by step, choose professional Yoga instructor, the only way is truly to realize the

many benefits of yoga. Mommy, you are you ready?

First, the benefits of Yoga during pregnancy

1 benefits at the Mummy body from yoga Pregnant mom through Yoga stretches and exercises, you can gradually increase the toughness, flexibility and muscle endurance, without pressure on your joints, especially as your belly grows, and shift the center of gravity of the body, pregnant women yoga postures to help you stay balanced, create a good posture. At the same time, pregnant women yoga can improve your blood circulation, reduce water retention, enhance your pelvic muscles, common pregnancy pain can be eased, such as lower back pain in late pregnancy. Yoga can help you better control of blood pressure in pregnant women, which may reduce your risk of developing pre-eclampsia.

2, Mummy Yoga alignment psychological benefits

Yoga meditation method through the pregnant mother in meditation for a better situation to mitigate prospective Mommy pregnancy mood swings, strengthen the consciousness of self-regulation of the pregnant mother. In addition, pregnant women rest can help you overcome fatigue during pregnancy yoga, makes you feel energetic. Pregnant women Yoga exercise 1 hour rest, the effect is equivalent to 4 hours of good sleep.

Second, Yoga exercises should be gradual during pregnancy

Yoga every day insist that good results can be achieved and, therefore, most yoga courses will recommend you at least 3 times a week, but this will vary from person, arranged according to the realities of pregnant mother.

For yoga beginners, start yoga practice cannot be in a hurry, step by step, gradually your Yoga instructor will help you to find your own rhythm of practice. You must comply with the safety precautions Yoga instructor tells you, don't risk doing any actions excessive. Pregnant women practice yoga, is to enjoy the process, rather than allow them to feel pain or discomfort. To achieve the best results over time, practice how to remain soft. Certainly don't forget Yoga is the unity among mind, body and soul, and in order to achieve this purpose, you have to practice according to their own rhythm.

Three-four recommendations to choose Yoga during pregnancy

1, select a type of Yoga is best for you.

Choose the appropriate Yoga for pregnant mother who is very important. You can ask a pregnant woman yoga teacher training, let her help you select for you the most safe and most effective type of yoga. Of course, before you decide to apply, you have to look at local Yoga instructor is through formal training, and they have a

wealth of experience at teaching pregnant women doing yoga.

2, choosing a qualified yoga teacher is more peace of mind.

Any yoga practice, if inappropriate, may cause injury to you.

While many books, television shows and DVD are claiming to teach you yoga classes for professional, learning Yoga pregnant mom best not through these channels. If the domestic conditions permit, you can hire a professional, private yoga teacher training in pregnant women, yoga in your home.

3, selectively participate in yoga experience course.

In General, regular yoga training centre will provide a free trial lesson, which not only helps you understand, this yoga training course is in line with your needs, on the other hand, you can also have the opportunity to learn some views from who pregnant women have signed up to participate in the mother of the Yoga course

4, choosing the appropriate clothing

Practicing yoga pregnant women, need to guarantee good texture supple, breathable loose comfortable clothing. Typically, sportswear and women track and field clothing shops of various sizes and yoga clothing. Pregnant women practice yoga best in bare feet, and therefore there is no need to consider shoes. What is more, you should not wear formal maternity dresses to practice yoga.

Four, which pregnancy is not suitable for Yoga exercises

You do routine antenatal checks, the pregnant mother should tell the doctor you are going to participate in a pregnant woman Yoga course decision, ask your doctor whether your health allows. If you have a history of miscarriage or any other illnesses or discomfort, your doctor may tell you not to practice yoga postures, or wait until after early pregnancy yoga courses again for pregnant women. Although it is considered relatively gentle Yoga for joints oppression, however if you have any illness or discomfort, also is the first with the doctor's consent.

If you want to learn more information about fashion maternity dress , you can go to this website fashion pregnancy dress .

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Fri, 19 Oct 2012

6:53 AM

What A Future Mum-To-Be should to dress

Every mother hopes to dress appropriately during business hours, not because of physical changes that affect the image of the past. So, what pregnant women should wear to work in order to achieve the desired effect?

Select the same dress of texture and color. Stay away from complex color pattern, colorful clothes, but attention is placed on the selection of dark clothes. Since dark clothes (black, Brown, Navy Blue) are suitable for many occasions, also easier to match. Select the suitable clothes and don't think the big size. Fit of clothes will make you look clean and tidy and pleasant.

If mother wants to wear a skirt. You can purchase high quality elastic texture Cone-shaped skirt, if it is made of cotton or Lycra skirts or elegant made of elastic fabrics or wool gabardine skirt, it suits during their normal work wear. And the length of the skirt to the knee is the most appropriate length, it looks more professional, but also to reveal the leg, did not look bloated.

Black is the preferred color, because black has a slimming effect, as well as with any other color clothes match.

If mother wants to wear trousers. Mother could try matching flat boots, but it is best to choose fit trousers. That kind of below the knee leg gradually become wider "shoe-shaped pants" will make your legs look better. In time of the belly is not particularly large, you can also select a normal pant, a normal pant can not to wear and then select special pregnant women pants. However, because the mother workers have to face computer, so you have better to wear anti radiation clothes.

Mothers can buy a few sets of sports jacket. This jacket has light weight, pockets and v-shaped collar, which is very suitable for normal work wear. Do not select too wide, you want to fit as much as possible, if you feel the abdomen tight wearing time can open the buttons underneath. As your belly grows larger, does not a button. If the normal Blazer is not appropriate, can also buy designed specifically for the mother-to-be, bottom did not receive body design of the jacket. It down comfortably on your belly, smooth lines is exquisite skill.

Prepare a black dress, such like casual

maternity dresses , the mother-to-be can wear separately or match jacket to wear. Black color dress is simple and elegant, the most suitable for you time not sufficient time, when too late to bother to match selection. You can select the texture of wool or synthetic fibers, though not very elegant, but it is easy to handle, does not require dry cleaning. Select high waist style, to outline the curves of the body, to reduce a bloated feeling.

Choose the right shirt. Of course, maybe you used most of the time in pregnancy t-shirts to match the jacket. But some occasions you need to wear a shirt alone. Maternal and infant supplies specializes in personnel recommends that you choose a loose short shirt. Collar shirt is the better choice, because it can highlight your beautiful collarbone, neck long, people look very spiritual. V-neck or boat-shaped collars are good.

Mother should prepare some stockings. Select monochrome stockings matching dresses. If you mix black skirt you can select black sheer stockings. If varicose veins on the leg lines, select opaque leggings, however it is better to expose a small cut leg, because for the mother-to-be, legs is the best way to show the lines of parts of the body, must be shown.

You maybe interested on:

maternity

bras

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Mon, 22 Oct 2012

6:02 AM

Choosing maternity clothes is not a hard thing

The first-time pregnancy will let prospective mothers to fill with the glory of maternity, pregnancy body changes in progesterone levels also does make some mothers skin become delicate and smooth, but it will also make many mother's skin very sensitive, rough, apparent pregnancy spots appear on the face. Rest assured that these problems can be solved.

Working Mommy pretty the matrix reloaded

A working mother, you should select that can highlight the chest line, mask the protuberant abdomen wear, submitted under the small a-dress, a neat fabric and a superb crop of clothing has a solid perfect contour. Traditional dress of pregnant women from the

standpoint of comfortable and convenient, completely abandoned the design of waist line, looks bloated awkward, which is very suitable for Office wear. To be led with colleagues leave a good impression of diligent, skilful, may choose in the popular Korean-style dresses this year, extending high empire waist design ideas last year to enhance the waist line, tighten their chest, bring out the beautiful and elegant lines. Don't forget to hand in a beautiful package bag, then match a unique corsage.

Pregnant women wear reflect the professional women's modesty, calm, confident at the same time, should also give a cheer and a pleasant sensation, therefore different fabrics and colours the best consistent with the normal professional Mannerism. If you often stay at home, you have better wear casual

maternity dresses .

Accustomed to the social activities of the Mummy, you should prepare formal

maternity dresses that are suitable identity, pregnancy loaded in the style and exposing themselves during pregnancy is still charming. But the dress is not to choose loose, preferably gowns and skirts with high elasticity.

Radiation protective clothing three indicators

White-collar mother of the regular use of office automation equipment is important to note that, in order for your baby to grow healthy, remember to wear radiation-proof clothes.

Selection of radiation protection clothing needs to focus on three important technical indicators, namely, protective band, shielding effectiveness, screening rates. Product description in the indicate protection frequency range, in General, good radiation protection clothing its frequency range is wide, shielding effectiveness value is relatively high, in between 39~54dB, you can screen out more than 99% of electromagnetic radiation, expecting mothers can choose according to their protection needs targeted.

Not selected lace bra

Lace bra is not suitable for sensitive skin during pregnancy, swivel buckle loop straps and load bearing properties of good Bras applies not only to pregnancy, breastfeeding uses the same convenient.

During later stages of pregnancy, you may to choose the movable buckle loop shoulder strap, breastfeeding without BRA took off, both antenatal and postnatal application; soft and shaped wire that

could fully support the plump breasts, protect breast deformation; w-tray liner can support breasts don't droop; cross-section design of the breast can be concentrated in the Central, the mother-to-be during pregnancy can also maintain a good curve.

Reject TIGHTS

Mother's abdomen is protected part, it must not be a little bit aggrieved. Therefore, in order not to impede the blood circulation, even early in pregnancy, mothers also don't choose tights or receive functional underwear and abdominal waist, thighs are relatively tight panties. Select upper lower mini panties big panties or the lyrics to a higher, to a certain degree of flexibility, flexibility in order to adapt to ever-larger belly.

Dealing with skin problems

First of all, you want to keep the skin clean, but less use alkaline cleaning products, to using less SOAP as possible, if you use SOAP, preferably before you sign to avoid skin irritation. Skin care at the same time, prospective mothers to ensure adequate rest and proper nutrition, usually after 5 months of pregnancy, the skin appears rough and facial sores, acne will not improve the situation.

Note the Sun during pregnancy, are to a certain extent prevent pigmentation and prevent stain colors become darker. While moms are out, should wear a hat, or open an umbrella to prevent the direct rays of the Sun, apply sunscreen or using sunscreen cosmetics to block the effects of ultraviolet light. Sunscreen cosmetics SPF value, the higher the better, but the higher the SPF value, irritation, the more stronger, prone to dry skin.

If you want to learn more information about maternity dresses, you can go to this site
fashion pregnancy
dress .

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Wed, 24 Oct 2012

5:13 AM

Modern strategy for Pregnant mothers in winter

Pregnant mothers are usually more afraid of the heat weather, the strength in cool autumn days is not small, it will cold

insidiously, make people feel cold to the marrow, particularly in early morning and evening. This inadvertent attack, whether it is the mother or baby, harm is the greatest. The harm caused by pregnancy, is likely to affect the baby's life.

So, at the beginning of the cold when getting hit, quickly prepared for their warm winter outfit, beautiful, elegant and healthy way, spend the winter.

Sports

Loose breathable elastic sports attire, for mothers, is the most pleasant thing, however, as long as the style a little change of the lumbar and abdominal, expecting mothers can also go trendy sports wind.

Tips¼

1. high waist coat can divert attention and fuzzy lumbar abdominal line.
2. sport dresses should be half length as well, short skirts make the middle part of the body into a ball and sport trousers to five is divided into good, or appear to be cumbersome.

Lady style

Mother's emotional instability, in this special period for their selected a thick style that is elegant, color, luster and fashion pregnancy dress , keeping yourself during pregnancy a also ladies temperament, to soothe their emotions effectively.

Tips¼

1. this year's retro doll dress is the most popular style for pregnant women.
2. fall/winter season, can be a color-appropriate dress lining knit base, more warmth.

Trend

Don't think pregnant women has not related with fashion, just takes a little thought in detail, trend-setting element also can color in the maternity clothes.

Tips¼

1. the compatibility of power flow and comfort, the fabric selection is the most important. Natural ingredients, soft and flexible fabric is preferred.
2. this year's popular ultra soft belts loosely in a hip location, can not only improve fashion degree, also has a slight stomach lift role.

How to mix costumes for Mothers

When buying trousers or skirt for women in pregnant women, it is best to choose a neutral color, such as black or khaki. Abdomen and

waist of the garment must have very good elasticity, in order to be able to support and protect children. Twill or Poplin fabrics are the best selection. Besides, if you are white collar, and have to face to computer every day, you can wear anti radiation clothes .

Reserve that matching t-shirt that you can wear

To ensure wearing comfort, a men's shirt can be purchased during pregnancy. The shirt is usually high or Oxford cloth made from cotton, relaxed fit pregnant body dressed in. And shirt for a good match, mounted to wear under a skirt, plus a jacket you can wear to work, accompanied by a loose overall as a plainclothes over the weekend, what is more, casual

maternity dresses are also good choices.

Choose some soft and comfortable elastic knitted clothing, waist coats, knitted pants, and knit dresses, mix with other styles of clothing, you can wear alone.

Closet has at least a piece suitable for social occasions wearing maternity clothes. For example a look more elegant velvet dress or a fine and exquisite piece of a slender Black Cotton satin shirt and matching pants.

Clothes during pregnancy are not hard, as long as the fit, wear out your style, so you can instantly become a big star. But in order for the pregnant mom to quickstart, according to the four temperament types of female clothing, pregnant mother of different temperament types have different rules of dressing mix.

Matching Tip: cut blouse + buttocks in a dark skirt

Buttocks in a dark dress and distribution cutout blouse are intellectual temperament-pregnant and damn good choice, which can highlight the hips curved buttocks in a dark skirt, moment and elongate the body. Lightweight hollow blouse perfectly cover your belly, not seem redundant. Such a mix of tall stature before pregnancy seems to have never left you.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Mon, 29 Oct 2012

5:56 AM

Why Mother-to-be need do exercise

I heard that mother-to-be need do exercise during pregnancy, it can be difficult to mother-to-be, they with a big paunch walk hardly, how can they want to exercise? In fact, exercise is good for mother and fetus during pregnancy.

First, the eight benefits of exercise during pregnancy

1, contribute to natural childbirth. Sports can improve blood circulation in the matrix, increases muscle tissue nutrition, which makes muscles to store large reserves of strength. Suggested mother-to-be often take more exercise abdominal muscle, strong abdominal muscle would prevent fetal position due to the relaxation of abdominal wall is not straight and difficult labour. Strong abdominal, low back muscles and pelvic muscles help to natural childbirth.

2, prevent the deficiency of maternal calcium. Baby growth process from maternal to absorb a significant amount of calcium, it should pay attention to calcium supplementation during pregnancy, or mother is susceptible to symptoms such as loose teeth, bone softening. Because adults have been growing, so once the calcium deficiency is irreparable. In addition to calcium, only sports can avoid these situations to occur.

3, ease the fatigue during pregnancy. Moderate exercise can improve sleep, reduce stress, alleviate edema, varicose veins of lower extremity, symptom and so on. 4, fast adapt response during pregnancy. Moderate exercise can enhance coherence in the nervous system, helps mother to settle a series of changes that occur during pregnancy.

5, enhance the appetite and add nutrition. Moderate exercise can improve the appetite, for belly baby provide a wealth of nutrition, acquired sufficient strength for the smooth delivery. Moderate exercise can also help postnatal recovery rapidly build.

6, promote fetal development. Moderate exercise can contribute to maternal blood circulation, increasing the volume of oxygen, thereby increasing blood oxygen, accelerating the circulation of amniotic fluid, stimulates fetal brain, sensory organs, circulation and respiratory function and development.

7, contributed to fetal health. Moderate exercise can speed up the mother's metabolism, improves blood circulation, nerve and endocrine systems such as enhanced functionality. Improve the resistance of mother and help normal fetal growth.

8, help fetal development. Moderate exercise can stimulate the fetal brain, sensory organs, balancing organs as well as the development of the respiratory system.

Second, the principle of movement in different periods during pregnancy

Exercise has so many benefits during pregnancy, are mothers also

waiting for? But be aware of movement than usual during pregnancy, should pay attention to the following principles.

1, early exercise

Walking: walking is the best way during pregnancy. It is not subject to conditions of the campaign, mother was free do this exercise . After supper and early in the morning time, this period is the best time to take a walk, expectant fathers are in side, which is the better. Besides, about the pregnant clothes, you have better to wear

casual

maternity dresses , which make you feel more relax and beautiful. Now many pregnant mom begin to wear

anti

radiation clothes and stop radiation sickness.

Benefits: in the process of taking a stroll, Mum can be a breath of fresh air, enjoy the beauty of nature; after the walk, will moderate slightly tired, sleep help, pregnant mom says insomnia occurs after pregnancy, such a pregnant mom can choose to walk, see if the insomnia has improved, walking can also eliminate irritable and depressed.

Ankle: sitting in a chair, one leg on top of the other leg, foot overcome ills of one leg below the ground, active ankle slowly above a leg a few times, and then under the foot away from the straight, knee, ankle and foot back into a straight line.

Alternating legs practice the above action.

Benefits: the campaign is simple, long-term pregnant mom at the office, you can choose this movement, this exercise can improve blood circulation and strengthen foot muscles.

Foot angle campaign: pregnant woman are sitting on a chair, two foot overcome ills ground, foot pointed upwards, up and down again, repeated over and over again, when attention to foot tip upwards, soles of the feet is not off the ground.

If you want to learn more information about pregnancy dress, you can go to the website

fashion pregnancy

dress .

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Fri, 2 Nov 2012

5:25 AM

Fashion News About A Future Mum-To-Be

Mothers and fathers typically spend over \$500 in the first year on clothes for their stylish offspring, meaning the child wears more than one new item each week.

The Beckhams' daughter Harper, 15 months, and Tom Cruise's girl Suri, six, are often pictured in stylish clothing. Two in three parents say such images "pile on the pressure" for them to do the same for their youngsters.

Two-thirds of parents have refused to dress their children in clothes received as gifts because the item was "too unfashionable".

And two in five have rejected 'outdated' hand-me-downs, the study by Marks & Spencer found. This is because they only want to dress their children in brand-new items, which will be worn an average of only 12 times.

With trick-or-treaters still admiring their stash of candy, it might be time to admit that Halloween is the textbook example of holiday traditions run amok.

"Of course, the name 'Halloween' came from the tradition of All Saints Day, celebrated on Nov. 1," explained the Rev. Jason Nesbit, of Maternity BVM Catholic Church in Bourbonnais. "It was first called 'All Hallowed's Eve,' and I've heard that people used to dress up as their favorite saints." In this time, you do not need to wear formal

maternity dresses, you only need loose and flashy clothes.

And with so many early saints dying as martyrs, the gory nature of some Halloween customs was pretty predictable.

"And, in many holidays, a few pagan trappings were incorporated along the way," Nesbit added, "this is certainly the case with Halloween."

The pagans considered today, Nov. 1, the beginning of the Celtic winter, and Samhain, for whom the feast was named, was the Celtic lord of death. He was said to allow the souls of the dead to return to their earthly homes that evening, so the traditions of ghosts and other spirits sprung up.

FANS of Tim Burton's dark humour can now look forward to a line of Frankenweenie graphic T-shirts, inspired by his movie of the same name.

To commemorate the release of this comedy horror film, Frankenweenie graphic T-shirts were recently launched in Malaysia, as well as 13 other countries. Malaysian fans can purchase Frankenweenie T-shirts in all UNIQLO stores (except for the Setia City Mall, Shah Alam, store).

Priced at RM59.90 each, the Frankenweenie graphic T-shirts include Burton's original sketches, in 15

different designs (only men's sizes). The T-shirts depicting the weird, wonderful world of Frankenweenie are sure to delight the movie's fans.

Using my original sketches and hand-picked frames from my new stop-motion animated film, UNIQLO has created an inspiring collection," said Burton in a press release.

"This is an opportunity to pray for the dead, but it's also a day when we're reminded that we're all called to be saints, that God has given us the grace to live our lives according to the standards the saints have set."

And that might seem like a long way from Halloween's more devilish behavior, but mixing traditions is a confusing process.

If you want to learn more information about fashion pregnancy dress, stay tuned for the rest of this series, which will introduce the more fashion maternity dresses.

Security: Public
Location: Not Specified
Mood: Not Specified
Music:

Sat, 17 Nov 2012
1:37 AM

Formal maternity dress is a necessary for Pregnant woman

No matter what kind of maternity clothes that you like, it can not only look at style, the key is to look at the dress is comfortable, whether does not affect fetal development.

Pregnant woman is easy to sweat during gestation period, so it is best to choose a better air permeability of natural fiber clothing (such as cotton). The following are some suggestions for maternity purchase and collocation:

Buying maternity pants or pregnant women dress, the best choice is the neutral colors, such as black or khaki. Clothing of the abdomen and waist must have very good flexibility, which can support and protect children, the best selection of fabric is twill or poplin.

Most pregnant women like bib, it is the main dress for pregnant women in the wardrobe. This is because the bib is soft to the touch, easy to wear and wear a long time, bib with basic services for pregnant women should have the characteristics, such as loose

abdominal, good comfort.

Reserve some t-shirts that can be worn alone or supporting wearing.

To ensure that the wearing comfort, pregnancy can purchase an angle from a button shirt. This shirt is generally made of fine cotton yarn or cloth of Oxford produced, it is more comfortable, suitable for pregnant women are wearing more comfortable. But the shirt is very good match, I wear a skirt, and a jacket can be used as work occupation dress, with a loose pants also act as a weekend's clothes.

Buy some soft and comfortable elastic knitting garment, such as a tunic, knitted trousers and knit dress, they can be associated with other styles of clothing, and can also be worn alone.

There is at least one suitable for social occasions dress maternity in the closet, for example, a look more formal

maternity dress, or a piece of exquisite workmanship exquisite sateen shirt with a long black pant. Buying clothes, you don't have to worry about some fashion models wearing sexy, bosom peeped dress styles let you more feminine.

During pregnancy, the chest size will gradually become larger, so the need to buy a few pieces of maternity

bras that enough to contain and support the chest. In addition, abdomen during pregnancy will also gradually outstanding, so you have to buy some that fit the comfortable maternity pants.

If pregnancy man needs to work, then need to be equipped with suitable for work in the occupation. The best choice of cotton clothing, because the cotton clothing is soft to the touch, breathable absorbent has good comfort and support role.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Thu, 22 Nov 2012

5:46 AM

Teach you how to Match Stylish Maternity Clothes

The best choice of pregnant woman clothing material is cotton or wool, this kind of fabric has good air permeability and absorbent. Some mothers like to buy chemical fiber in winter, although feeling thick warm, but, from the health degree, chemical fiber fabrics is not a breathable and easy to produce static electricity, which is not good for the baby and mother's health; from the appearance of speaking, this kind of fabrics is vertical, wear comparison personal, pregnant mothers's stomach slowly emerged during pregnancy later period, wear the Fabric Maternity Skirt, a glance can only see a big belly.

Want to consider purchase models whether are suitable for their work in peacetime, different pregnancy time can choose a different style:

The early stages of pregnancy, in this period the belly has not big, but with some thicker, therefore, it suggests to buy A type cutting or casual

maternity dresses and skirt, this kind of maternity wear is very exaggerated, just gives people a relaxed casual feeling, but these kinds of clothes can be casual clothes to wear in the early postnatal days. In this period, mother who want to wear a maternity pants, you need to be noticed, because the maternity pants are usually adjustable tightness, and maternity pants profile is longer, the mother who used to wear the pants waist may be not used, but this period because of the stomach did not emerge, elastic pants will feel sliding down, especially when climbing the stairs. Besides, mother-to-be must to buy some formal

maternity dresses, if you do not want to buy couple of formal maternity dresses, you just buy a least one formal maternity dress.

During this period of middle and late pregnancy, we must choose the waist pleated shirt or skirt, but when you to buy, you must consider the chest and abdomen, these parts of the size, not too tight or too fit, to avoid the future size change don't wear; but if buying too much, wear not only no way and pull stack. Don't think too much of maternity is a waste, these clothes can be used for home furnishing jacket, which is a good choice.

Size control

Maternity size is very important.

Clothes: must have a little length in the hips, or else the stomach is up and you will find the early pregnancy buy clothes become short.

Skirt: skirt length should be below the knees, can protect joints, and secondly because during pregnancy, the belly grows, also seems to become more and more horizontal development, so the length of skirt is too short, will be out of proportion.

Pants: in early pregnancy, you go to buy maternity

pants, suggested length selected for a little longer, because the late pregnancy belly stuck out will turn up your trousers.

In addition, do not want their clothes like pajamas, in addition to choose beautiful style, size well. Shoulder, cuff, and chest and hip and thigh part must not be too loose, where the size of one song, like pajamas. These positions during the change will not like what a big belly, so, when buying, as long as slightly loose a little.

Some mothers's complexion is not good, it is recommended to choose some light and bright color to set off the skin, usually do not wear beautiful color mother can try this period, these colors will not only make the pregnant mother's ruddy complexion looks, and looks very healthy and spirit. Skin good natural mother is whatever color is okay, just enjoy during one's face glowing with health good.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Mon, 26 Nov 2012

5:14 AM

The Definition of Maternity Dress

In General, after pregnant woman has 5 months pregnancy, the uplift of the abdomen, chest, waist circumference, hip circumference increase obviously and a well shaped body, in this time wearing maternity clothes are the most appropriate. So early in pregnancy, pregnant women need only wear something light and airy clothes. When you want to buy also varies from person to person, prematurely put on wider maternity clothes will only make people more bloated. Don't buy things all at once. Buy maternity clothes need to take into account the needs of development.

Pregnant requires a different type of clothing, while also taking into account the needs of season.

Coat standards: material should be soft, style simple loose upper limb and activities freely after wearing. Shirts cannot be

bound or oppression of the chest and abdomen, good for fetal growth. Mother's breath to chest breathing and breathing deep. Starting from early pregnancy, mothers breasts increase, begin preparing for breastfeeding. Medical alert: resistance reducing of mothers during pregnancy, easier to cold, you need to keep warm. Due to the oppression of fetus urinary bladder wall, coupled with increased fluid and food intake, frequency of toilet during pregnancy is also one or two times higher than usual. Frequently solved and fastened a number button will cause inconvenience to the action.

Tip: bra sizes increase gradually; select the long coat is better. It is best not to wear union clothing. Pants standard: fall/winter season it's best to wear long trousers, leggings regardless of what season are inappropriate; overalls instead of Girdles, is one of trousers that the many mothers like. When 5 months pregnant, the vast majority of mothers belly bulge, common style of pants will obviously tight, pressure on the abdomen, feeling is very uncomfortable, the fetus is not good. Overalls not trousers, avoiding this problem; also visually modified ever-bloated body. Medical alert: placental blood circulation must be guaranteed unhindered during pregnancy, pregnancy can be normal, to the health and development of fetus. Tie waist, abdomen, caused by overhanging belly, causing fetal position is not straight, can cause serious complications. What is more, more and more mother in order to protect their child, they like to wear anti radiation clothes more.

During pregnancy, mothers's vagina appears congestion, secretions. Summer is hot, bacteria grows fastest, pruritus, high incidence of skin diseases such as eczema, Folliculitis. Tips: pants are not causes of fetus grow too large, excessive eating, a small amount of exercise are the main causes of the fetus is too large. Therefore, some mothers must be got rid of wear leggings habit. Pregnancy's body will naturally look bloated, in others ' eyes, this is very normal, they do not need to beauty spot in the belly of the baby, as long as at the end of pregnancy postpartum body recovery after exercise, your body will be back soon. Most simple of select is a article fit of Black wool trousers, it both can in official occasions wearing, and suitable leisure wearing, and good warm performance; also has light of knitting long skirt distribution and also suit of high led sweater, which is good of combination; pregnant women loaded of pants and we usually of pants just instead: low wait and high in before, such

design of benefits is protection has abdominal, and can avoid off pants of dangerous; it of another advantage is has "telescopic sexual", that "charge" waist of strap can long can short, Pregnant women according to the degree of abdominal uplift adjustment trousers size, its high from early pregnancy through to birth, is the more economical choice.

Dress standard: in spring and summer season, casual

maternity dresses are more appropriate. Standard socks: MOM's socks, both short and long socks, socks are not too tight, especially late in the pregnancy. Tight is not wearing, it can affect fetal development; socks can't have been too tight, this will impede the blood circulation of the foot, leading to swelling.

A number of colourful hand-woven cotton socks, warm feet, but also for walking holidays. If you are neither hot nor cold season, should to be equipped with a pair of elastic stockings, stretch hose to eliminate fatigue, prevent ankle swelling and varicose veins. Medical alert: during pregnancy, due to the compression of the uterus, lower extremity venous pressure increased significantly, venous wall relaxation, mother prone to varicose veins of the lower extremities, genitalia or haemorrhoids.

Pregnancy medium-term, some mothers start leg swollen swollen feet.

Tip: If the roots appear highlighted in the leg "vein" and accompanied by local swelling, obvious swelling of ankle, press a handprint, mostly because socks are too tight. Quickly took to the streets to buy their own comfortable cotton socks perspire all over it.

If you want to get more information about maternity dresses, you can go to this website

fashion pregnancy dress.

Security: Public

Location: Not Specified

Mood: Not Specified

Music:

Sat, 15 Dec 2012

3:51 AM

The Newest fashion pregnancy dress

Pregnancy is a special period, pregnant women not only in the diet, rest to be careful attention, how to choose the pregnancy clothing, not only affects the health of pregnant women, but also

affect the normal development of the fetus. Pregnant women choose suitable clothing mainly pay attention to the following aspects:

There are so many questions to ask now that the palace has confirmed that Duchess Catherine Middleton is pregnant. For the fashion minded among us, one takes precedent over the rest:

Jacket

Because of pregnant women body rapidly fattening, once the curve has ceased to exist, first of all is to the health of the fetus, secondly to beautiful. Pregnant women choose loose shirt, baggy T-shirt, sweatshirt and without the cuff collar, the coat looks very good, after childbirth can still wear, jacket to ensure broad and long. Also best not to wear the shirt and trousers, because of pregnancy frequent urination, frequent unlock and fastens the multiple button is very troublesome.

What is she going to wear?

Middleton has dazzled royal-watchers all over the world with her wardrobe, a mix of stately shifts, custom gowns, and mass market fashions virtually anyone can buy, that is, if your local Reiss or Zara doesn't sell out of that fabulous blazer the moment she steps out in it.

Party invitation? Check. Sassy holiday shoes? Check. New maternity dress to knock the socks off of other guests... No!!!

Fabulous and maternity rarely go together when it comes to frocks but Bliss Baby & Maternity.com's got mama's belly covered when it comes to holiday party apparel. Expectant mamas should embrace their beautiful bumps and show them off with flair and fashion.

Dress it up in sequins, sashes or just a simple black dress. From pricey to affordable, the options are endless. Forget the eggnog, who's the mum in the white hot dress? I like the maternity

vests.

As a pregnant person, there is a usual sad situation known so well during wedding and holiday season where there is a desperate search for a special occasion dress that doesn't look like a tent or a trash bag. Peruse the Bliss Baby and Maternity.com formal wear section and find the special occasion or cocktail dress that is maternity style. The dresses are sexy and stylish while showing off that beautiful glow of motherhood.

The coming months will provide the greatest sartorial challenge the Duchess of Cambridge will ever face.

Will she go the high-glamour route of such fashion-savvy women as Victoria Beckham, who wore sky-high Louboutins when

pregnant?

Or will she adopt the traditional uniform of pregnant royals:

Laura Ashley prints, elasticated waists and nautical

fashion pregnancy

dress the size of the QE2.

Fortunately for fashion-conscious mums-to-be, covering a burgeoning bump doesn't have to mean dowdy clothing, and for the winter season Mothercare has rebranded its Blooming Marvellous range to reflect this.

Taking on board customer feedback, the new collection has come back with a new lease of life and focuses on value-for-money items that include stylish essentials, providing support that can take you right through your pregnancy. The range includes a wide selection of comfortable trousers and jeans, lightweight jersey tops and a number of dresses that can be worn during the day and easily accessorised for night.

Pants

Maternity Pants best choice of elastic fabrics, so it feels comfortable to wear. In addition can also wear sweatpants, as long as the elastic band can be replaced with regulation of the size of the tape can be, because sports clothes are generally more lenient, postpartum for elastic band can continue to wear, economical and practical. Now many mothers like to wear anti

radiation maternity clothes.

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