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## The Safe Cig: The Safest Way to Smoke

It has been very well known that smoking can result to various health risks, not just to the smoker alone but to the people around him. With so much information drive and smoking awareness campaigns, smokers all over the world have started looking for alternatives to their habit and addiction to the conventional tobacco-based cigarette smoking. Nicotine patch and nicotine gums have been introduced to the market several years ago and although they were accepted for some time, their popularity and sales eventually dwindled, they do give the same nicotine kick in which is known to be the main culprit of the addiction to smoking but they cannot provide the real act of smoking that smokers are also hooked up to.

Fortunately, some pharmacist came up with the revolutionary invention of the century, promising to beat the habit of smoking once and for all. That invention is now popularly called "Electronic Cigarettes" With electric cigarettes, smokers have the freedom to smoke indoors without messing up with the authorities or harming others with its smoke.

best electronic cigarettes

are just look exactly like your ordinary conventional tobacco cigarettes but they are equipped with a battery, an atomizer and a chamber called a cartridge that holds a small amount of water and liquid nicotine. When the user takes a drag from the electric cigarette, an LED light in the tip of the device lights up making it appear like an ordinary cigarette. Water-based vapor would come out from the smoker's mouth but it doesn't contain tar or tobacco that is why it is called the safe cig. When the smoker stops drawing air from the electronic cigarette, the device stops automatically preventing it from causing fire mainly because it doesn't require fire to start it up, to begin with. Electric cigarettes are also known as

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safe cig because they do not contain huge amount of tobacco, tar and thousands other harmful chemicals. In fact, a smoker can choose the amount of nicotine in his electronic cigarette.

E-cigarettes are available in normal, medium, low and no nicotine strengths and they can also be had in various flavors like tobacco, vanilla, chocolate, cherry and many others depending on the brand. When the vapor stops, a smoker can just replace the cartridge. Each cartridge is equivalent to 15 cigarette sticks and allows you to stash up to 70% on your cigarette budget. The safe cig is considered to be generally safe but they are still not

advisable for individuals under 18 years of age and those who have chronic diseases. Nicotine remains to be addictive even if its intake is regulated so it should not be made available to young individuals.

The cartridges may look like a toy for kids so it should be hidden away from kids and pets because they are lethal if swallowed as they contain nicotine, binding materials and propylene glycol. If a cartridge is accidentally swallowed, seek immediate medical advice. Electronic Cigarettes are not also suitable to people who do not smoke or those who have nicotine allergies or to products with nicotine content. People who have health problems such as those who have heart disease and/or high blood pressure should also avoid the safe cig. Smoking whether traditional or electric cigarettes is also advised against pregnant women.

Security: Public

Location: Not Specified

Mood: Not Specified

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