

Mon, 9 Feb 2009

2:03 PM

never alone

<h2><span id="ctl00\_ContentPlaceHolder1\_lblTitle">Set Free</span></h2>

<div class="ArticleBody">

<h3>&nbsp;</h3>

<span class="poembody" id="ctl00\_ContentPlaceHolder1\_lblPoemBody"><font size="3">standing in an alley  
shouting to thin air,<br />

never alone but no ones right there. <br />

should i make a wish?<br />

should i say a prayer?<br />

when i open my eyes will anyone care?<br />

can i get a little help? can i get a hand?<br />

should i take a bow?<br />

should i make my last stand? <br />

w/in a moment all things bacame clear.<br />

it's been you God <br />

that's always been near.<br />

though my eyes aren't the best, <br />

i can finally see.<br />

thank you God for always walking w/ me.<br />

set free.</font></span>

<h4 align="center"><span id="ctl00\_ContentPlaceHolder1\_lblAuthor">Heidi L. Hicks-Ashton</span></h4>

</div>

<div class="ArticleFooter">

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id="ctl00\_ContentPlaceHolder1\_lblAuthorCopyright">Heidi L. Hicks-Ashton</span></b><br />

<!-- AddThis Button BEGIN -->

<script type="text/javascript">addthis\_pub = 'sayyes943';</script>

</p>

</div>

Security: Public

Location: Other

Mood: Grateful

Music: umwell matchbox 20

2:05 PM

trying to keep it real

<h2><span id="ctl00\_ContentPlaceHolder1\_lblTitle">Meaningful Choices</span></h2>

<div class="ArticleBody">

<h3>&nbsp;</h3>

<font size="2"><span class="poembody" id="ctl00\_ContentPlaceHolder1\_lblPoemBody">meaningful choices, hush  
the voices<br />

we hear in the middle of the night.<br />

urging us to do what we know <br />  
in our heart is right.<br />  
soul choices are the ones<br />  
the voices scream<br />  
do the right thing-do the right thing!<br />  
there's no denying, we all have a will<br />  
and a personality that fits.<br />  
so then, why do we deny that we<br />  
have a heart and attached to that<br />  
&quot;our conscience&quot;?<br />  
no one need convince us of what we're supposed to do.<br />  
we need only listen to the<br />  
voice that impresses on our heart<br />  
to trust our intuition,<br />  
evaluate the situation, then<br />  
do the right thing. <br />

</span></font>

<h4 align="center"><span id="ctl00\_ContentPlaceHolder1\_lblAuthor">Heidi Hicks-Ashton</span></h4>

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<!-- AddThis Button BEGIN -->

<script type="text/javascript">addthis\_pub = 'sayyes943';</script>

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</div>

Security: Public

Location: Not Specified

Mood: Tired

Music:

2:13 PM

tugging at my heart

<h2><span id="ctl00\_ContentPlaceHolder1\_lblTitle">The Nagging Voice</span></h2>

<div class="ArticleBody">

<h3>&nbsp;</h3>

<span class="poembody" id="ctl00\_ContentPlaceHolder1\_lblPoemBody"><font size="3">Awakened in the night <br />

by a nagging voice that keeps me<br />

desperate to create...<br />

that has me giving life<br />

to the screams I keep inside,<br />

or be ever burdened by their weight.<br />

Overwhelmed by emotions <br />

I simply can't help but feel...<br />

hoping that if I can figure it out,<br />  
it may help someone else<br />  
to keep it real.<br />  
If I can make good<br />  
all that has had me bound...<br />  
if I can find a soul<br />  
wandering aimlessly,<br />  
praying to be found.<br />  
then, I can say that I made a difference<br />  
and I didn't just float through life<br />  
doing my own thing...<br />  
but I really did try to do it right.<br />

</font></span>

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<!-- AddThis Button BEGIN -->

<script type="text/javascript">addthis\_pub = 'sayyes943';</script>

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</div>

Security: Public

Location: Not Specified

Mood: Exhausted

Music:

Wed, 11 Feb 2009

3:30 PM

## surgery

my God sure is an awesome God and has braggin rights all over my life.  
i was believing for a miracle before my surgery today. and guess what...i recieved one.  
the doc said the tumors were half the size and half as many as there were.  
therefor, my surgery wasn't nearly as intense as it was planned.  
thank you Lord for your love your grace and your mercy on my life.  
you're the true doc w/ the true healing powers.  
**BY YOUR STRIPES I'VE BEEN HEALED!!!**

Security: Public

Location: Not Specified

Mood: Thankful

Music:

Fri, 30 Nov 2012

11:43 AM

rebuilding life 'again'.

Thank you God for saving me for "A time such as this" and for never leaving me.

You are so amazing and ever faithful. Help me now to keep my eyes off my circumstances and you.

Security: Public

Location: Not Specified

Mood: Not Specified

Music: