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3:42 AM

Facelift - The relation between a Facelift and Necklift

When

considering a plastic surgery procedure, you have to understand what each one entails to ensure you make the right choice.

There are differences and your age and other factors determine which procedures will be of the most benefit to you. You do not want to undergo a more invasive procedure if a less-invasive option is available. Consulting a

Facelift Expert

can explain your options and recommend a course of action that best fits your needs. Having a surgical procedure is a big decision and can be very expensive, so it is best to fully understand your options before jumping in.

Your

neck is sagging and your jaw line is drooping. What do you do?

Necklift

Surgery is an option. This surgical procedure works by lifting the neck and revealing the jaw line. The recovery time is approximately one to two weeks, but this varies with the patient. Usually by the third week the patient can return to normal activities. About five days after surgery, the bandaging is removed and there will be noticeable swelling and bruising. This procedure is generally for those in the age of 37 to 47 when the first signs of aging in the neck are noticeable.

Once

the skin on your face begins to descend as well you may need to opt for a different procedure. A

Facelift

improves the visible signs of aging around the face and targets things such as excess fat, sagging, creases and muscle loss.

This surgery is usually recommend for people in their mid-forties and older because after the mid-forties when facial tissue begin to droop as we lose muscle in our face. If you are a non-smoker and healthy with realistic expectations of results then this procedure may be right for you. Some older patients may also opt to have both a facelift and

Necklift

simultaneously.

Talking

with a plastic surgeon and exploring your options will help you find out which procedure if best for you depending on your age and health. Plastic surgery will not stop the aging process and the results do not last a lifetime. These are points to consider when making your decision. Cost is another issue and should be addressed at the time of a consultation with your surgeon. Know what to expect going in and keep in mind that results vary and have realistic expectations for how you will look after surgery. Holding on to unrealistic expectations is not healthy or safe.

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Fri, 7 Oct 2011

7:15 AM

facelift - Improving the Face You Love

Sometimes when we look in the mirror, we do not see exactly what we want to see. It could be a slight imperfection we would like to change or it might be a change that has happened slowly over the years. Once you get used to looking

at yourself it can be tough to accept changes that come with age. Luckily, there are things that can be done about how we look. A facelift Los

Angeles might be just the solution to creating the look you have always wanted or returning to the look you loved before you got older. Sometimes a simple surgery is all that is needed to love the face you see every day in the mirror.

A facelift is one of the most tried and true plastic surgery methods available. Though there are many faster procedures that can help you achieve a younger look, lifting the sagging skin of the face is a long-lasting solution to the look of aging you do not like. It is more invasive than some of the other procedures, but you do not have to have the process repeated every few months to return to the younger look. Once you have the surgery, your skin will stay taught and firm for several years. It is a great way to achieve a drastic change in one's face.

If you find the problem is not on your face, but on your neck, a necklift is a simple solution. The skin on our neck sags as we age. As a matter of fact, the neck is one of the first places on our body's to begin showing age. If we are able to tighten the skin on our neck, it can appear to knock 10 or 20 years off of our true age. It is amazing how youth can be restored with a simple neck procedure. If you are starting to feel uncomfortable with the look of your aging neck, talk to an experienced plastic surgeon about your options.

It does not matter why you are unhappy with your face, only that changes can create a better sense of self. If there is a simple, safe solution to a problem you have, why not use it? You can make improvements in your appearance that might seem small, but they have a big impact on how you feel on the daily basis. Whether you choose an eyelift, chin augmentation or Rhytidectomy, you can make a difference in how you feel when you look into the mirror.

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Mon, 26 Dec 2011

5:05 AM

Facelift Los Angeles - Shaving Years off of your Face

Whether

you are a resident of Los Angeles or surrounding areas such as Orange County, Burbank, or Long Beach, you may find that the natural aging process has been sped up by the abundant natural sunshine. Even with a healthy lifestyle, gravity can take its toll on delicate facial tissues and you may find that your skin starts to sag over the years. Because this is so common, a

facelift Los

Angeles

is one of the most asked-for procedures that plastic surgeons can perform. There are many factors that can influence whether this procedure will work for you, including your age and the amount of elasticity left in your skin to work with.

To

perform a

facelift

, the surgeon will make an incision following the hairline, and then your skin will be lifted up to give your face a new, smooth contour. Any excess skin is cut off at this point so that there is no chance that it will start sagging again. The end result is a smoother, tighter facial appearance that makes you look more youthful. Yet repositioning facial skin is not only used for cosmetic purposes. This can also be used for reconstructive or medical purposes when necessary, using the same techniques.

Although

the face is one area that may need to be toned and tightened with a lifting procedure, the neck is another area that can sag over time and really show your age. A necklift is a way to remove excessive skin that hangs down from your chin. The procedure is basically the same, with an incision being made, skin stretched and tightened, and the excess removed to leave an overall smoother appearance behind. Most of the time, this will be performed along with a facelift.

The

technical term for this type of procedure is a rhytidectomy, so you may see it listed under this name when you are trying to find the top local surgeons. If you know anyone who has gone through this procedure, it's always a good idea to ask about their personal experience and get a referral. Most plastic surgeons will also be able to show you before and after photos and offer references from past clients, so that you can learn more about what to expect. Always be sure to choose a surgeon who is board-certified for best results. This will ensure that you have a smooth path to a more youthful looking face.

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