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following your heart is only for fairy tales

As we are all told when we were younger that we should do what our heart tells us to and what makes it feel right.

That concept is true in one aspect of the pursuit of happiness but it is false in another.

Some times your heart doesnt always know what is best for you and what is best for your life. In a way our hearts are selfish, They only want what they fell is happy, but sometimes our hearts dont know what is going to make us happy in the long run.

Your heart does not have a brain, its not thinking of what truely is right, all it knows is to follow love. But sometimes it is wrong and could chose the wrong love and then it is broken. That is why we need to start thinking more, thinking about what will truely make us happy in our minds and then when we think about that in our minds our heart will follow.

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