

Mon, 13 Aug 2012

5:12 AM

Liposuction Orange County - Looking to Improve Your Figure?

Are you looking to enhance your figure or improve on your body shape? Sometimes, certain areas of our body promote a distraction to the overall appearance of our shape. Perhaps it is the lack of symmetrical breasts or the disproportionate thighs that causes this distraction. Thanks to modern technology and relatively safe plastic surgery procedures, you can obtain that sexy figure you so passionately desire through a breast augmentation or liposuction.

Breast augmentation is one of the most common cosmetic procedures performed annually in the United States. This procedure is sought out by women who find their chest under developed, disproportionate, or disfigured after pregnancy. Aging, weight loss, and breast feeding may cause loss of volume and fullness in breasts. This procedure involves the insertion of breast implants, either saline or silicone, into an incision made on the individual's crease, nipple, armpit, or other designated areas.

Liposuction is also one of the most common plastic surgery performed annually in the United States. This cosmetic procedure involves suctioning out fat by insertion of a cannula (hollow tube) into the small incisions made on the individual's abdomen. The vacuum-suction like device is attached to the cannula to make the suctioning possible. Liposuction is generally safer and produces less scarring than tummy tucks.

Breast augmentation in Newport Beach

can help women restore confidence and self-image in their social and sexual life. Some women may find it difficult to wear certain bikinis or clothing because the shape of their breasts creates an imbalance to the overall appearance. Not only would a breast augmentation make women's chests more aesthetically pleasing, other benefits can also be observed. A boost in self-confidence and self-esteem may help women feel better about her overall appearance. Breast augmentation can also increase women's clothing options. Disproportionate breasts or lack of balance in the chest can impact a woman negatively like lowering self-esteem and confidence in her professional, social, and sexual life.

Do you find that certain areas of your body are resistant to conventional weight loss methods? It is true-some areas of your body may have fat deposits that just do not want to disappear.

Liposuction in Orange

County can help greatly with these stubborn fat deposits. Many benefits can be observed with liposuction. This cosmetic procedure is an effective method of removing stubborn fat deposits and greatly improves upon an individual's body contour.

If you are interested in breast augmentation or liposuction, conduct thorough research on the particular cosmetic procedure of your interest and search for a trusted professional. There are many websites with plastic surgeon and procedure reviews. Next, contact your local professional for a consultation. It is important to select a plastic surgeon you feel extremely comfortable with. Together, you and your doctor will discuss your goals and what you hope to achieve from the procedure. Plastic surgery is not for everyone and being a good candidate will involve meeting certain criteria.

To Know

more about liposuction Orange Country please visit:

<http://www.cosmeticplasticsurgeryinstitute.com/procedures/liposuction-body>

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Fri, 24 Aug 2012

1:10 AM

Liposuction??What is the Recovery Process Like?

Are you looking to reshape your figure so that it is more contoured and more proportionate? Although we may have a daily exercise regimen and good eating habits, there are fat deposits in some parts of our body that are resistant to conventional methods of weight loss. Thanks to modern medicine and advancement of technology, you can now look to liposuction to get rid of stubborn fat. According to the statistics from the American Society for Aesthetic Plastic Surgery, liposuction is the most popular performed cosmetic surgery on men and second most popular cosmetic surgery performed on women in 2011.

Liposuction, or lipoplasty surgery, is a cosmetic procedure performed on patients looking to enhance their body contour for a more proportionate figure. This procedure involves removing fat from the body using a cannula (hollow tube) and a vacuum-like suction assisted device. The success of this procedure will depend on post operative care and how well you tend to your body's new contours.

Liposuction in Orange
County

permanently removes fat cells and thus, these fat cells will not regrow. However, you can still gain weight elsewhere on your body. Removing large amounts of fat can lead to surgical trauma leading to a painful and longer recovery. Your surgeon should have the necessary expertise to determine the appropriate amount of fat to be removed.

Compression garments or elastic bandages are applied to the treated area following the liposuction procedure to control pain and swelling. Temporary drains may be placed on the incisions to remove excess fluids. Pain medication may also be prescribed because you can expect soreness and tenderness to occur following the surgery. The treatment area will be swollen and it is typically the most frequent side effect of liposuction. These initial side effects can last around two weeks. Patients can expect to return to work in about a week. Individuals who have larger amounts of fat removed can expect a longer recovery process. You may or may not observe expected results right away but full results are usually seen in six months.

The liposuction recovery process may seem like the end of a journey but it should not be seen this way. Undergoing liposuction surgery is actually just the beginning because you should achieve your desired figure after the surgery and recovery process. It is extremely important that you follow your surgeon's advice and instructions following liposuction surgery. Doing so can aid in a faster recovery process which will allow you to return to your daily routine as quickly as possible. Liposuction surgery is a good option for healthy candidates who already exercise daily and have good eating habits but have stubborn fat deposits. Before you embark on this journey, consult your local

Newport Beach plastic
surgeon
for more information about liposuction surgery.

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Thu, 20 Sep 2012

3:07 AM

Breast Augmentation Orange County - Enhancing Your Figure

Are you looking to enhance your body for a more balanced figure and body contour? Perhaps you are wondering about plastic surgery for all your contouring desires. The natural aging process, pregnancy, and other related factors can have a negative impact on our bodies. Many times, this impact can affect us personally, emotionally, socially, and even sexually. Thus, plastic surgery is available for those wishing to improve on those aspects to enhance their quality of life. Millions of cosmetic procedures are performed in the United States annually and amongst the most commonly performed procedures are liposuction and breast augmentation.

Liposuction

Liposuction is commonly performed on patients seeking to get rid of stubborn fat deposits. People who have tried traditional approaches to weight loss such as healthy diet and exercise may discover that these methods will offer no improvement to certain areas of their body. Thus, some may find it necessary to undergo liposuction to permanently remove those fat deposits. Liposuction is a cosmetic surgical procedure involving the use of a cannula (thin hollow tube) and an aspirator (suction device). The cannula is inserted into tiny incisions made on the treatment area.

Liposuction is an attractive cosmetic procedure because you can reduce stubborn fat over a specific area of the body via small incisions.

Breast Augmentation

Breast augmentation in Orange County, also known as breast implant surgery, is performed on patients wishing to have a more proportionate chest. There are two main types of breast implants: saline and silicone. Both saline and silicone breast implants have an outer silicone shell. The main difference between the two types of breast implants lies in the material used. Saline breast implants are inserted into the patient empty and then once it is place, the implants will be filled with sterile saline (salt water) solution. Saline breast implants can be inserted with a small incision. Meanwhile, silicone breast implants come pre-filled with silicone gel and are inserted into the patient through a long incision. Both types of breast implants have their own pros and cons. Evaluate each type of implant thoroughly before deciding which type is right for you.

Jump into the fall season by shaping your body the way you want through plastic surgery. Plastic surgery is performed on people

all over the world for many reasons. Some of those reasons include: aging, pregnancy, disease, imbalanced figure, and more. Amongst the most commonly performed cosmetic procedures in the United States are liposuction and breast augmentation.

Liposuction in Orange

County

allows for the patient to permanently reduce fat over a specific area. Breast augmentation provides a more balanced chest for those wishing for a more proportionate figure. Like with all surgical procedures, both liposuction and breast augmentation has their own specific risks. Contact your local Orange County plastic surgeon for more information.

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Tue, 25 Sep 2012

1:57 AM

Top 3 Post-Pregnancy Plastic Surgeries for Moms

There is a growing trend amongst women who are opting for plastic surgery to rejuvenate their post-pregnancy bodies. After childbirth, you may find that your body has changed drastically. Your breasts might be sagging and volume-less. Your abdomen now bulges, hangs, and droops to the point that wearing a bikini is no longer a viable option. There are many cosmetic procedures to help childbearing women reshape and restore their body to the way it was prior to giving birth-with focus on the breasts and the stomach. The top three plastic surgeries for mothers can consider include: liposuction, breast augmentation, and a mommy makeover.

1.

Liposuction

Many women may discover that after giving birth, they have excess bulging of skin and fat. Liposuction (lipoplasty) is mainly performed to get rid of stubborn fat when conventional methods of weight loss (exercise and diet) do not work. However, liposuction can also help moms sculpt their abdomens to improve the appearance of their tummies. According to the American Society of Plastic Surgeons, liposuction was the third most popular cosmetic procedure performed on women last year. Before getting liposuction, it is best to wait until after your body weight has stabilized.

2.

Breast Augmentation

Pregnancy and breastfeeding can cause loss of breast volume but breast volume can be restored with breast implants. Reshaping the breasts can allow for

Breast augmentation in
Orange County

can allow moms to restore their pre-baby chest appearance. According to the American Society of Plastic Surgeons, breast augmentation was the most popular cosmetic surgery performed on women last year. Breast augmentation or other breast related surgeries are best considered when breastfeeding and nursing has halted.

3. Mommy Makeover

If you do not plan on having anymore children, perhaps a mommy makeover is more suitable for you. A mommy makeover includes a combination of cosmetic procedures-including the ones mentioned above-to restore and re-contour your body to the way it was before giving birth. After giving birth-especially multiple births- many women suffer from loss of breast volume, excess skin, and weight gain. Therefore, some moms opt for a mommy makeover to regain the body they once had. A mommy makeover can include

liposuction in Orange County, breast lift, and/or breast implant surgery. Mommy makeovers are best for moms who do not plan on any more pregnancies to regain their pre-pregnancy figure.

If you are a mom wishing to restore your figure, there are many different cosmetic surgeries available to help you achieve the body you had before giving birth. Some of the top cosmetic surgical procedures can include liposuction, breast augmentation, and a mommy makeover. Consult your local plastic surgeon to determine which cosmetic procedure is best for you.

To know more about
liposuction in Orange County please visit:

<http://www.cosmeticplasticsurgeryinstitute.com/procedures/liposuction-body>

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Fri, 12 Oct 2012

2:58 AM

Gummy Bear Implants - Are They Safe?

Highly cohesive breast implants, also known as "gummy bear" or "form-stable" implants, have recently caught the attention of many women looking to enhance their breasts. According to the American Society for Plastic Surgeons (ASPS), breast augmentation remains the top cosmetic surgical procedure since 2006. With the recent buzz around "gummy bear" silicone implants, some of us wonder if these breast implants will be the future of breast augmentation surgery. Women are particularly interested in "gummy bear" silicone implants mainly because of the increased strength, durability, and consistency that may be lacking in regular saline and silicone implants.

Based on statistics compiled by the ASPS, breast augmentation increased four percent in 2011 from 2010. In fact, improvements in breast implants have tripled the amount of cosmetic procedures performed in the U.S. The ASPS also reported more than 300,000 breast augmentation procedures performed on women in 2011. With the newly FDA-approved "gummy bear" implants, we can expect breast augmentation to continue to rise as more patients opt for this new "gummy bear" implant. "Gummy bear" implants are made by Sientra-a company specializing in breast implants. Until now, patients would only be able to get these implants through the previous eight-year clinical trial. According to ABC Nightline, the product was tested on 1,800 women showing that "gummy bear" implants were safe and effective. Now that it is FDA-approved, these natural implants are going to be a popular choice amongst breast augmentation in Orange County patients.

To know more about
breast augmentation in
Orange Country please

Visit

What is great about these new "gummy bear" implants is that they are made out of cohesive gel. These semi-solid breast implants are high-strength and will keep their shape. There is also an added durability to this new silicone gel implants making them safer than regular breast implants. "Gummy bear" implants have a low rupture rate and when cut in half, will not leak because they are not filled with liquid. And unlike breast liquid-filled implants, "gummy bear" implants are not likely to fold, wrinkle, or ripple. Sloshing noises that is common amongst saline implants will not occur with "gummy bear" implants. Furthermore, these implants are designed to replicate the natural breast and feel very natural. With these unique advantages that "gummy bear" implants offer, it is no wonder women are choosing this implant over more traditional ones.

Breast augmentation, or any other breast surgery, is a very personal and sensitive matter. Consult a Board Certified Newport Beach plastic surgeon for more information about breast augmentation. Each type of implant will have its own advantages and disadvantages that are better discussed with your surgeon. Although it is important to choose the right type of breast implants, it is more important that patients seek a plastic surgeon they can trust.

For more details about
Newport Beach plastic
surgeon look into

<http://www.cosmeticplasticsurgeryinstitute.com/your-surgeon>

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Mon, 19 Nov 2012

11:14 PM

Attractive boobs are important for celebs as they have to look the part.

You have probably admired, criticized, and gushed over Hollywood celebrities—from the glamorous pictures at red carpet events to the downright stalker-status paparazzi photos in the news and magazines. Yes, with fame comes a high price—the undying pursuit of perfection commonly embraced amongst the rich and famous celebrities. With so much pressure to always look your best, it is no wonder celebrities often feel the need to undergo plastic surgery (and not to mention, their high mortality rate). Nowadays, celebrities and the general people alike can get plastic surgery for just about anything—breast implants, facelift, eyelid lift, nose surgery (rhinoplasty), butt lift, arm lift—you name it! Breast enlargement is probably the most sought out surgery amongst Hollywood actresses. Breasts are so important in Hollywood is because an actress' appearance can greatly influence her career. To know details about Breast implants in Orange County please visit:

<http://www.cosmeticplasticsurgeryinstitute.com/procedures/breast-augmentation>

Unless you have been living under a rock, plastic surgery has become so easily and widely available, especially in Hollywood, that surgically changing your appearance is no longer a big taboo that it once was. Consequently, boob jobs are so highly commercialized, demanded, and sought out by all age groups that hearing someone get breast implants is now considered "normal". Megan Fox, Lindsay Lohan, Blake Lively, and Heidi Montag are just a few of the many celebrities rumored to have gotten breast implants. But they are not the only ones. The American Society for Aesthetic Plastic Surgery (ASAPS) reported 316,848 breast augmentation procedures performed last year—the second most performed procedure in 2011. It seems as if the Stars and the general public are on breast enlargement frenzy as well. It is not hard to understand why women would want to make their breasts bigger. Breast implants in Orange

County can help give an individual a more womanly figure without having to travel to Hollywood. We have probably seen more than enough botched boob jobs found in celebrities to last a lifetime. Too big of a cup size can result in unnatural breasts for small-frame women. With so many unnatural looking boob jobs, why not get breast implants somewhere else? Orange County, for example, can be a great place to get plastic surgery. Women typically get breast implants because they want to fill out their tops, correct uneven breast size and shape, and sagging breasts.

Breast augmentation can also help those looking for a more attractive, curvy, or proportional figure by upping the cup one or two sizes bigger. Fortunately, you do not have to travel to Hollywood for bigger breasts. You can find many great plastic surgeons in the Orange County to help you achieve the body you desire. Consult a plastic surgeon in Orange County for more information about breast implants or other plastic surgeries that you may be interested in. You can check this website:

<http://www.cosmeticplasticsurgeryinstitute.com/your-surgeon>

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