

Fri, 19 Nov 2010

5:00 AM

## Plastic surgery on vacation days

Choosing to make others aware of one's elective procedure is up to them. Many people would rather not undergo the surgery because they feel too embarrassed to ask for time off for such a thing and are not sure if this is something they should or shouldn't tell the boss. If one is taking vacation days to undergo plastic surgery it is not mandatory that one tells the boss, after all one is entitled to do what they want with their vacation. If one has a close relationship and feels the need to tell their boss because of medical reasons like being sore or needing more time than anticipated he or she should feel comfortable to talk to their boss about this and make it confidential. If one is undergoing a procedure that will be noticeable it may be a good idea to be open about.

There is nothing to be embarrassed about when undergoing a procedure, plastic surgery is very common. If one is undergoing a

breast augmentation

Beverly Hills one should take into count that people will notice. Being open about the procedure may bring other rewards such as being noticed and complimented. Yes the procedure is done for the patient alone but being complimented is always part of the reward.

After

breast implant Los

Angeles surgery one should expect to be out of work for about a week depending on their field of work. This means the patient should be able to return to moderate activity after this week.

One should communicate this with their superior because one will still be sore, bruised and on medication. After a few weeks then he or she can return to their regular activity. After most breast

augmentation surgery including mastopexy Beverly Hills the patient will have to wear a surgical bra for several days and then can wear a sports bra till fully healed. This is to make the breast more comfortable and still provide full support so the breast can heal properly.

If one is going to share this information with their superior or someone at their work place be ready to answer several questions about ones procedure. It is likely that several other people are interested in having the same procedure and will take ones experience as example when having their own procedure. Scaring will be one of the most important things to have knowledge of leading Breast Surgeon Los Angeles say, there will be some scaring but the scaring will be small and inconspicuous.

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Thu, 25 Aug 2011  
1:54 AM

## Breast Enhancement- Most popular Cosmetic Procedure for Women in 2010

In 2010, it was reported that the five most popular female cosmetic surgery procedures were eyelid surgery, liposuction, nose reshaping, tummy tuck, and the most popular of all, Breast Augmentation. Women have come to realize having a good appearance isn't about just having a flat abdomen it's about having the right proportions in the entire body. A woman that feels confident about her image is more likely to succeed in anything that she does.

Breast

Augmentation Beverly Hills has become increasingly popular over the past few years

especially because of advances in medical technology that have made these procedures safer than before. Results from breast augmentation surgery are long-lasting and patients find it easier to find fitted clothing and swimwear.

Breast lift, also known as

Mastopexy Los Angeles is very popular among women who wish to correct sagging breasts. Often women's breasts experience change overtime loses their shape and firmness that they once had in their youth. These changes can be due to pregnancy and breastfeeding, change in weight, aging, gravity, and heredity. A breast lift can rejuvenate the breast profile while giving the uplifting the breasts. Since breast lifts don't significantly change the size of the breasts, many have to seek other options to enlarge their breasts such as breast augmentation. A breast augmentation can give women with smaller breasts a fuller look.

One of the most popular places for

Breast Implants Los Angeles

. Breast implants are used to change the size, form, and overall appearance of a woman's breasts. It is important to request detailed information from your plastic surgeon before your breast enhancement procedures so that you are aware of the benefits and risks associated with implants. The two main choices that patients have for implants are saline and silicone implants. Saline implants, which consist of a salt water solution, are a good option for larger breasts on a woman with a relatively large frame. If saline implants ever rupture, they go flat but they leave no trace inside the body. Silicone implants are also a popular option, but a disadvantage of these implants is that patients can go a long time without knowing that it has ruptured since silicone gel implants tend to stay put. There are several other differences between these two implants which should be discussed with your plastic surgeon.

The most important part about

Breast Augmentation Surgery Beverly Hills is the surgeon. When looking for a qualified surgeon it is important to do quite a bit of research regarding their education and experience. There are several important characteristics that

will set one surgeon apart from the others. Going in to the surgeon's office for a consultation is a good way to get to know the surgeon and how well they can inform you regarding the approach that they plan to take. Looking at their before and after pictures from the procedure that you plan to take is also a wise step to take. This will help you get an idea of what results to expect after your surgery.

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Tue, 20 Sep 2011

7:36 AM

## How to Choose a Breast Augmentation Surgery Center

If you have decided to get

breast augmentation

surgery

, the first thing you need to do is choose a good surgeon who will do the job right. Breast enhancement is such a common procedure, that centers are popping up all over the place. Your health and wellbeing is on the line so you want to take the time to thoroughly check out your doctor to make sure they are the right one for you. Here are a few ways to find a doctor and things to look for to ensure they are the ones you want to work with

. The first place to look for a

breast

augmentation surgeon Beverly Hills

is to ask people you know who have had the procedure done, especially if you admire how their breasts look. If they feel the doctor did a good job, most people are only too happy to tell people about their surgery. In this way, you can get behind the

scenes information about the doctor as well as see their work up close. They can tell you about the good and the bad which will help you with your decision making. Try to talk to enough people that you get the names of at least three doctors to check out.

When have a few names of surgeons that work in

breast augmentation Los Angeles or Beverly Hills centers, check to make sure they are licensed and do not have malpractice cases or other lawsuits pending against them. Usually you can get this information from the Medical Board of California. It also helps a great deal if they are certified which means they have been verified to have the knowledge and expertise needed to correctly perform the procedure. When you meet with the doctor, ask about their credentials and training. Ask how many surgeries they have performed and how many resulted in complications. You want someone who has a high rate of success.

The doctor should also have privileges at a local hospital just in case problems arise during the procedure. Since you will be under anesthesia, the office should have a licensed aesthetician on site. This can be a CRNA or a physician anesthesiologist. Lastly, before submitting yourself to

breast implants surgery Los Angeles, read the consent form thoroughly and make sure you understand what it says. A successful surgery requires proper communication so be sure to ask as many questions as it takes to feel comfortable with your doctor.

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Tue, 25 Oct 2011  
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Choosing a Breast Augmentation Surgery Center in Los Angeles

Choosing a Breast Augmentation Surgery Center Studies show that almost all women at some point in their life have thought carefully about at least one type of cosmetic procedure. The most plastic surgery procedure among women has become breast enhancement. Many women feel that they can improve their appearance by having fuller breasts and for this reason they often choose to undergo

breast augmentation  
surgery

After undergoing a breast augmentation procedure, women report that not only do they have an improved appearance, but they also feel more confident. Once you have decided that a breast enhancement procedure is for you, the first step you need to take is to find an experienced surgeon that can deliver flawless results. If you do your research right, getting a

breast augmentation Los Angeles should be a good experience yielding amazing results. One of the first things you should check for in a surgeon is to make sure that they are licensed; you can get this information from the Medical Board of California. If the surgeon is board certified it shows that they have the knowledge and have taken the extra step to demonstrate that through the certification process. Knowing that your surgeon has the expertise to perform the procedure will give you great comfort when you undergo your surgery.

When you meet with the doctor, it is a wise decision to ask about their education, credentials, training, and experience. You need to know all of this information in order to choose a surgeon that has a high rate of success. It is perfectly okay if you ask many surgeries they have performed and how many of these resulted in complications. Typically the surgeon will have privileges at a nearby local hospital in case there are any problems that arise. For most breast augmentation procedures, patients are under anesthesia meaning their office should have a licensed anesthetist on site. Before undergoing

breast implants  
surgery Los Angeles, it is vital that you read the consent form thoroughly and make sure you clearly understand what it says. A successful surgery requires a lot of communication between the patient and the

surgeon so be sure to talk openly to your doctor and ask questions regarding the procedure you will undergo.

One of the best ways to get honest opinions regarding

breast

augmentation surgeon Beverly Hills

is to ask people you know who have had the procedure done, especially if you like their results. When patients are happy with their results it shows a lot about the expertise of their surgeon. Asking them questions about what you can expect from the surgeon and the procedure will help decide if their surgeon can help you out as well. Reading online reviews is another great way to get insightful information. Patients will share the good and the bad things they experienced which will help you with your decision making.

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Thu, 22 Dec 2011

7:58 AM

Breast Implants Los Angeles - Benefits of Breast Augmentation

For most women, having an attractive and proportionate figure is the most rewarding benefit of a breast augmentation procedure. The benefits of this and other breast enhancement procedures are many and change from patient to patient. Breast enhancement procedures can have a significant impact

on a patient's life. With an enhanced figure, women will immediately notice they have more options in clothing and a boosted self-confidence. With the help of an experienced plastic surgeon,

### Breast Implants

Los Angeles can have a profound positive impact in a woman's life.

The size of a woman's breasts is important in maintaining an overall beautiful appearance. When a woman is not happy with the size of her breasts, she will typically have a low self esteem and will experience doubts in regard to her physical appearance. With the help of a breast enhancement procedure, women will achieve a shapelier figure and have greater self confidence in both her social and professional life.

### Breast

Augmentation Beverly Hills involves the use of breast implants to increase breast size, reshaping the bust line, and providing shapelier body contour. When women feel that they have small sized breasts, it can cause them to feel they lack balance. Small breasts also can cause some women to feel that their bust line is disproportionate to their body. Breast implants immediately add curves and definition to the body's profile for an appearance that is more attractive. A pear-shaped profile can be eliminated by undergoing breast augmentation surgery because large breasts complement womanly hips.

Often times, breasts lose firmness and size as a result of pregnancy or aging. With the help of a breast enhancement procedure, such as a breast lift, women are able to reclaim a more youthful bust line. Breast implants are used in order to restore breast size and shape. If a patient has breasts of noticeably different sizes, breast implants can be used here for breast asymmetry correction. Here breast implants are carefully used to make breasts more similar in size, creating more attractive and naturally looking breasts. Breast implants are available in different size and shapes, which allows surgeons to select the best implants to achieve a specific look. If you are interested in learning how breast implants can benefit you, an experienced surgeon can explain your options and guide you in choosing the implants that meet your specific needs.

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## Breast Augmentation Beverly Hills â?? Find the Best Plastic Surgeon in Los Angeles

Los Angeles and Beverly Hills are both known for having beautiful people in residence. Out of the 3+ million people that call this area of California home, there are quite a few women who want to look their best at all times, no matter what their age. The same can be said for those women who just want to increase their bust line. Breast augmentation Beverly Hills is a booming business, even in today's horrible economy. Whether you want to have corrective surgery or breast augmentation, there are plenty of plastic surgeons who are ready and waiting for your surgical call.

If you want to have some

breast

augmentation Beverly Hills work done, you will need to find the surgeon who caters to what you want. Whether you want to have your breasts shaped, your nipples reconfigured or maybe your breasts are too large and you need a reduction for health purposes, you need to find the right surgeon to handle your breast augmentation. The easiest way to do that is to make a list of a few doctors and go in for consultations with them. This will allow you to get a better idea of who the surgeon is and the type of work that he or she has done in the past.

The same can be said if you want to get

breast implants

Los Angeles. You need to find a good surgeon who will not cause your breasts to look unnatural. Again, you should consult with more than one surgeon who caters to this specific plastic surgery need so you can have a better idea of who you should go with for the surgical procedure. That way you cannot say that you did not go into the procedure with your eyes closed.

After you find the right surgeon for your breast

enhancement procedure, you are ready for your surgery. Be prepared for the emotional journey you will embark on with this decision, no matter what the surgical procedure is that you undergo. It will not be easy, even if you have always wanted larger breasts all of your life. You will still have some adjusting to do and it may be possible that your surgeon can direct you to a plastic surgery support group where you can be around others who have undergone the same procedures. There is no better way to go through an emotional journey than with others who are just like you.

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Thu, 19 Jan 2012

12:46 AM

## Breast Augmentation Beverly Hills - Risks Associated with Breast Implants Beverly Hills

As with any other type of surgery, breast augmentation comes with many risks and complications that need to be taken into consideration. Choosing a plastic surgeon that is certified by the American Board of Plastic Surgery is a great way to reduce the probability that these risks will happen to you. Make sure that the surgeon has formal education and training in the specific area in which you will be having surgery. If you are opting to have breast augmentation, then you will need to first familiarize yourself with the risks involved with breast implants. Below are a few of the most common risks associated with

Breast

Augmentation Beverly Hills

**Infection-** As with any type of surgery, there is a high risk of infection involved with breast augmentation. Generally these infections emerge a few weeks following surgery but it is also likely for them to occur right after surgery. Symptoms for infection include fever, swelling, tenderness and inflammation. Most of these symptoms can be treated with antibiotics, but if the body does not respond well, the implants may need to be removed.

**Breast Rippling-** As the implant settles into place, the textured surface of the shell can pull on the scar capsule and pull the skin. The traction rippling that is produced can occur with implants that are placed over the muscle and under the muscle. A good way to prevent or correct breast rippling is to use implants with a smooth shell.

**Bottoming Out-** Bottoming out is a condition common among patients that have little breast tissue and skin coverage. It is usually seen in patients that have implants placed above the muscle and is less common with implants placed in

the complete submuscular position. Bottoming out does not have a direct relation to the type of implant used; it can occur with smooth, textured, saline, or silicone gel implants.

To significantly reduce the chances of these and other common risks associated with breast implants

Beverly Hills it is important that you consult a breast augmentation specialist. A specialist will help you make an informed decision about whether or not to get breast implants. Your surgeon will explain in detail the surgical procedures available and will also discuss the risks involved. If you decide that you want to proceed with breast augmentation, it is best that you do so after research and having a thorough understanding of the procedure.

Security: Public

Location: Not Specified

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Sat, 11 Feb 2012

1:49 AM

## Breast Implants Los Angeles - Things You Should Know about Breast Augmentation

The size and shape of the breasts can have a deep impact on the self-confidence of a woman. Women having smaller or asymmetrical breasts may feel low in self-confidence and sometimes this can indirectly affect their personal and professional life. For those women whose career is mostly dependent on maintaining excellent public relations, low self-confidence will not help. Because of this, there is a constant increase in the number of women who visit

### Breast Implants

Los Angeles. Other women visiting breast augmentation specialists are those who want to enlarge their breasts and to replace breast contour that is often lost during pregnancy. A breast implant specialist can help you choose the best implant for your body based on the shape of your current breast, the amount of breast tissue and overall body size. During the procedure, an implant is placed underneath the breast tissue or under the chest muscles, based on current body and breast shape. The incision for

breast enlargement can be made in different places to accommodate implants including: Under the nipple, under the breast or in the underarm. Again, the choice of incision position is based on current body and breast shape.

If you're considering breast augmentation, nothing is more essential than figuring out the type of breast implant you want have compared to the surgeon you decide on. There are different types of

#### Breast Enlargement

Los Angeles, for women seeking to enhance the size of their breast. Implants are classified based on the material they are filled with: Saline Breast Implants, Silicone Breast Implants, Cohesive Gel Implants, PIP Implants, Soybean oil-filled Implants and Expandable Implants. In Los Angeles, the two types of breast implants approved by the Food and Drug Administration (FDA), silicone-filled and saline-filled, are used. If you have very little natural breast tissue and are concerned about rippling then silicone filled implants may be the best option for you. If you have ample natural breast tissue and are worried about being able to detect implant ruptures, saline may be a better choice for you.

A few tips to find a top Breast Implants Los Angeles Surgeon:

Meet several doctors and narrow down the list two or three

Ask your breast augmentation surgeon for a few patient referrals such as their names and numbers and ask them about the treatment, how satisfied they are and if they have faced any post operative complications

Go through the pictures of the individuals who have gone through the surgery. These will be available in the respective plastic surgeon's web portal.

Learn about the surgeons through surgeon's own website with the help of the links available in the directories

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Fri, 16 Mar 2012

5:55 AM

## Breast Augmentation Beverly Hills - How to Choose a Breast Augmentation Surgery Center

Once you have decided to undergo breast enhancement, the first thing you need to do is choose a qualified plastic surgeon to deliver natural looking results. Breast implant surgery has become an increasing trend all over the nation. One of the best ways to find a qualified plastic surgeon is to ask your people you know who have had the surgery done, especially if you admire their results. If they are happy with their

breast augmentation Beverly Hills results, they are likely to recommend their surgeon to others. Talking to former patients is also a great way to get a more detailed idea of what to expect. Former patients can give you an honest opinion on the good and bad things that they noticed about their surgeons. Try to talk to enough people that you can get the names of three experienced plastic surgeons, this will help you make a more informed decision. Once you have a few names of plastic surgeons that work in Los Angeles and Beverly Hills, make sure that they are licensed and do not have malpractice cases or other lawsuits against them. This information is usually available from the Medical Board of California. It also helps if the surgeon is certified which means they are recognized for their knowledge and expertise to perform plastic surgery. Just like with any other type of surgery, your health and wellbeing is on the line so you want to take the time to thoroughly check out your surgeon to make sure they are the best. When you meet with the surgeons, be sure to ask about their credentials and training. Ask how many

surgeries they have performed and how many resulted in complications. You want to find a plastic surgeon that has a high rate of success. The surgeon should also have privileges at a local hospital just in case problems arise during the procedure. Since you will be under anesthesia, the office should have a licensed aesthetician on site. This can be a CRNA or a physician anesthesiologist. Lastly, before submitting yourself to

breast

augmentation Los Angeles

, read the consent form thoroughly and make sure you understand what it says. A successful surgery requires proper communication so be sure to ask as many questions as it takes to feel comfortable with your doctor.

Security: Public

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Tue, 3 Jul 2012

5:37 AM

## Increase Your Self - Confidence with Breast Implants or Breast Augmentation in Los Angeles

The

size and shape of the breasts in women can have a deep impact on their self-confidence. Women having smaller or asymmetrical breasts may feel low in self-confidence and sometimes this can indirectly affect their personal and professional lives. For women whose career is mostly dependent on maintaining excellent public relations, low self-confidence will not be a burden. Some of the reasons why an increasing number of women want to undergo breast implants Los Angeles are these above mentioned reasons. Other women who want to undergo a

breast

augmentation Los Angeles

surgery are those who want to enlarge their breasts and to replace breast contour that is often lost during pregnancy.

During

your initial consultation, based on the shape of your current breasts, the amount of breast tissue and overall body size,

suggestions are made for the best position of implantation. In the procedure, an implant is placed underneath the breast tissue or under the chest muscles, based on current body and breast shape. Various places where the incisions are made to accommodate implantations include: Under the nipple, under the breast, or in the underarm. Again, the choice of incision position is based on current body and breast shape.

Depending on the implant fill material that is used, they are classified into: Saline Breast Implants, Silicone Breast Implants, Cohesive Gel Implants, PIP Implants, Soybean oil-filled Implants, and Expandable Implants. In breast augmentation procedure, only the two types of breast implants approved by the Food and Drug Administration (FDA), silicone-filled and saline-filled, are used. For example, if you have very little natural breast tissue and are concerned about rippling, then silicone might be right for you. By contrast, if you have ample natural breast tissue and are worried about being able to detect implant ruptures, saline may be a better choice for you.

A  
few tips to finding a top

breast implants Los Angeles  
surgeon :

Try  
and meet a few doctors and narrow down your list two or three choices.

Ask  
your breast augmentation surgeon for a few patient referrals such as their names and numbers and ask them about the treatment, how satisfied they are, and if they have faced any post-operative complications. Reference the before and after pictures of the individuals who have gone through the surgery. These will be available in the respective Los Angeles plastic surgeon's web portal. Los Angeles Plastic Surgery directory will be of a great help to you. If you are finding a Los Angeles plastic surgeon's

name repeatedly in a number of directories, then you can add his/her name to your list. Learn about the surgeons through their websites with the help of the links available in the directories.

In a breast implants surgery, nothing is more essential than figuring out the type of breast implant you want to have and the implant surgeon with whom you want to undergo your surgery.

For  
more details please

[click here](#)

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Mon, 9 Jul 2012

8:20 AM

## Breast Implants Surgery - Is It Right For Me?

Los Angeles is located in California and is home to nearly four million people. It is the largest city on the west coast and the second largest city in the entire country after New York. Numerous celebrities, executives, and other well-known personalities call this city their home. It's also known for being filled with beautiful, vibrant people. Looking your best is important in this town, and for many getting a breast implants Los Angeles procedure is one of the more popular steps towards looking and feeling better. Breast augmentation Los Angeles surgery is another common procedure and one that is well worth considering if you are not happy with the way your breasts look.

The main reason that women choose to get breast implants is that they are not happy with the size of their natural breasts. While the perfect size is subjective, many women find themselves wishing for just a little more to help themselves look and feel sexier. In some cases they will consider having a breast augmentation to help firm up their breasts or to combat sagging,



drooping breasts. Either way, the real root reason for having the procedure is usually to improve self-esteem and feel sexier and more attractive.

There are two types of

breast implants

Los Angeles

. The first are gel implants, which are the more common option. These have been used for years and today's version has little risk in terms of puncturing, leaking, or becoming deformed over time. Saline implants are the other option and have a slightly higher risk of distortion like rippling or dimpling, but will require smaller incisions. Both are viable options that have great success in satisfying the women who have the procedure done. A plastic surgeon will be able to help you choose the right kind of breast augmentation for you based on your specific goals, budget, and concerns.

When you are ready to have breast implants it is important to find a surgeon that you can trust. If you don't have friends or family members who can recommend a good one, consider using the internet and finding out more about the different doctors offering Breast augmentation Los Angeles Within a few minutes of looking at a website and some before and after photos, as well as perhaps some online reviews from previous patients, you should be able to track down the cosmetic surgeon that will satisfy your needs.

For more details please :

[click here](#)

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