

Wed, 10 Jun 2009

3:21 AM

Cosmetic Surgery: What To Know Beforehand

You've seen it advertised in newspapers, featured on television programs, apparent in the faces of celebrities - cosmetic surgery. It's guaranteed to shave decades off your appearance, right? In some cases, maybe. Cosmetic surgery offers the potential to improve many areas of the body. But as with any surgery, top San Diego cosmetic surgeons remind patients that cosmetic surgery also involves certain risks and limitations.

Plastic surgery aims to change your appearance by altering parts of your body that function normally but whose appearance makes you unhappy. This differs from reconstructive surgery, in which a San Diego plastic surgeon can perform surgical procedures with the goal of improving the appearance and function of body parts affected by congenital defects, injuries and diseases such as cancer. Cosmetic surgery offers choices for making changes in your physical appearance. It reshapes normal body structures, changes appearance and, often, improves self-esteem. If you're dissatisfied with your appearance, you may be interested in cosmetic surgery not only to look better, but also to feel better. Despite possible risks, and though each person's experience is unique, both improvements may be likely after cosmetic surgery.

No studies have conclusively proved that most people can expect to enjoy dramatic improvements in their psychological well-being, however. If you're struggling with depression, for example, cosmetic surgery such as a San Diego breast augmentation procedure is unlikely to relieve it.

When deciding for or against cosmetic surgery, consider the following:

Your expectations. Anticipate improvement, not perfection. If you expect cosmetic surgery to turn you into a movie star, you're bound to be disappointed. Also don't count on surgery to save a rocky relationship, gain a promotion or improve your social life.

Time and expense. Cosmetic surgery isn't covered by most health insurance. The costs vary depending on the procedure performed and may range from a few hundred dollars to several thousand dollars. The procedures and your recovery also take time. This varies depending on the procedure. Returning to work may take from one day to several weeks.

Potential risks. You must be comfortable with the fact that cosmetic surgery, like any surgery, can be a risk to your health and that the results may not be what you anticipate.

Physical and psychological changes. Understand the physical effects that may be part of the healing time as well as how the surgery may affect aspects of your personal and professional life.

While dissatisfaction with results always remains a possibility, the closer you work with your surgeon to establish specific, measurable and achievable goals before surgery, the more likely you are to be satisfied with the results. For

additional information on what is involved in popular facial procedures like San Diego rhinoplasty, please contact your plastic surgery experts.

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Sat, 5 Sep 2009

3:46 AM

Boy In Hit-And-Run Undergoes Plastic Surgery

When the West News reported that a five-year-old boy is undergoing plastic surgery for head wounds after being struck by a hit-and-run driver in Ridgewood.

According To A Local Plastic Surgeon San Diego And Other US Residents Should Always Use Caution When Outdoors With Cars Moving Nearby

The boy's mother Sharon Anderson, speaking from her son's bedside, has pleaded with the driver to face up to his crime and turn himself in. Her son Jason was playing with his step-brother, step-sister and dog outside the family home, near the intersection of Connelly Drive and Rathkeale Boulevard, when the incident happened. He was hit when crossing the road in an attempt to catch their dog Bruno. His 14-year-old step-sister Kerri-Anne saved him from certain death.

"The car flew round the corner at a high speed and Kerri-Anne yelled at him to stop and grabbed him but she couldn't pull him back in time," Ms Anderson said. "If she hadn't taken some of the force...he would have just gone under the wheels."

The neighbors called an ambulance and alerted Ms Anderson, who rushed to the hospital from work.

"He has a huge laceration on his head right down to his skull," she said. "What do you do as a mom, I was just distraught, he is my little boy," she said. According to a top San Diego plastic surgeon, the victim will need facial plastic surgery to restore his facial structure. To restore victim's appearance after he or she has suffered facial trauma of this kind, San Diego rhinoplasty, cheek reconstruction, and skin surgery.

Witnesses told police the driver stopped and told them he was going to re-park his car so he could be closer to the scene but instead fled. He was driving a white Toyota HiLux or Landcruiser, which was towing a grey tradesman's trailer. Believed to be about 22, with olive skin and a slim build, he was last seen heading west in Merriwa. For more information regarding facial reconstructive surgery, as well as other cosmetic surgery procedures like San Diego tummy tuck, and facelift surgery, contact your local plastic surgery specialists to learn more.

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Fri, 11 Sep 2009

1:27 AM

San Diego is your Best Bet for Breast Implants

According to studies, a large percentage of women have an issue with their breasts. Breast implants are a safe and common method wherein breast are given a larger appearance and better shape by inserting layers of silicon under the fatty tissue. The silicon takes on the natural shape of a female body and is not likely to cause any side-effects in the long run. San Diego breast implants are a surefire way to enhance your physical beauty and give that much needed boost to your confidence levels.

Ask any woman and she is likely to say that she would rather have bigger breasts. San Diego breast augmentation allows women to do just that. Say good-bye to tiny, shapeless or sagging breasts and consider getting a new body and a new life. It is no longer difficult to flaunt the perfect pair of breasts that you have always wanted to. Visit your doctor now to find out if breast augmentation is the right option for you.

Many breast implants end up looking artificial and “plastic” but a San Diego plastic surgeon will ensure that the results of your procedure are perfectly seamless and that no-one can tell an implant from the real thing. Remember to verify the certification and license of a plastic surgeon before you decide to entrust your health in his or her hands.

Do you think your nose is too wide/ big/ crooked/tiny or just plain ugly? The nose is one of the most prominent facial features and many people are not quite happy with the way their noses look. If a shapely, aristocratic nose is what you have always vied for, consider getting a San Diego rhinoplasty to give your nose a complete makeover.

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